# **CELTIC INSURANCE COMPANY**

Home Office: 77 West Wacker Drive Suite 1200 Chicago, Illinois 60601 For Inquiries or Complaints: 1-800-714-4658

Major Medical Expense Insurance Policy

This policy is in effect from the effective date stated on the Schedule of Benefits through 12-31-2016.

In this *policy*, "you" or "your" will refer to the *covered person* named on the Schedule of Benefits, and "we," "our," or "us" will refer to Celtic Insurance Company.

#### AGREEMENT AND CONSIDERATION

*We* issued this *policy* in consideration of the application and the payment of the first premium. A copy of *your* application is attached and is made a part of the *policy*. *We* will pay benefits to *you*, the *covered person*, for covered *loss* due to *illness* or bodily *injury* as outlined in this *policy*. Benefits are subject to *policy* definitions, provisions, limitations and exclusions.

Please read the copy of the application attached to this policy. Carefully check the application and write to the company at the address listed at the top of this page within 10 days, if any information shown on it is not correct and complete, or if any past medical history has been left out of the application. This application is a part of the policy and the policy was issued on the basis that the answers to all questions and the information shown on the application are correct and complete.

#### **GUARANTEED RENEWABLE**

*You* may keep this *policy* in force by timely payment of the required premiums. However, *we* may refuse renewal if: (1) *we* refuse to renew all policies issued on this form, with the same type and level of benefits, to residents of the state where *you* then live; or (2) there is fraud or a material misrepresentation made by or with the knowledge of a *covered person* in filing a claim for *policy* benefits.

From time to time, *we* will change the rate table used for this *policy* form. Each premium will be based on the rate table in effect on that premium's due date. The policy plan, and age of *covered persons*, type and level of benefits, and place of residence on the premium due date are some of the factors used in determining *your* premium rates. We have the right to change premiums.

At least 45 days advance written notice of any plan to take an action or make a change permitted by this clause will be delivered to *you* at *your* last address as shown in *our* records. *We* will make no change in *your* premium solely because of claims made under this *policy* or a change in a *covered person's* health. While this *policy* is in force, *we* will not restrict coverage already in force.

# This policy or certificate contains a deductible provision.

As a cost containment feature, this policy contains prior authorization requirements. Benefits may be reduced or not covered if the requirements are not met. Please refer to the Schedule of Benefits and the Prior Authorization Section.

# **TEN DAY RIGHT TO RETURN POLICY**

Please read your *policy* carefully. If you are not satisfied, return this *policy* to us or to our agent within 10 days after you receive it. All premiums paid will be refunded and the *policy* will be considered null and void from the effective date.

[Celtic Insurance Company

Anand Shukla SVP, Individual Health – Celtic Insurance Company]

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# DEFINITIONS

In this policy, italicized words are defined. Words not italicized will be given their ordinary meaning.

Wherever used in this policy:

*Acute rehabilitation* means two or more different types of therapy provided by one or more rehabilitation *licensed* practitioners and performed for three or more hours per day, five to seven days per week, while the covered person is confined as an inpatient in a hospital, *rehabilitation facility*, or *extended care facility*.

# Adverse benefit determination means:

- 1. Any claim denial, reduction, or termination of, or a failure to provide, or make payment in whole or in part for a benefit, including:
  - a. Deductible credits; coinsurance; network provider reductions or exclusions;
  - b. Any instance where the plan pays less than the total expenses submitted resulting in claimant responsibility;
  - c. A benefit resulting from the application of any utilization review;
  - d. A covered benefit that is otherwise denied as not medically necessary or appropriate;
  - e. A covered benefit that is otherwise denied as experimental or investigational;
- 2. Any denial, reduction, termination, or failure to provide or make payment that is based on a determination of a participant's eligibility to participate in the plan, including any decision to deny coverage at the time of application; and
- 3. Any *rescission* of coverage whether or not the *rescission* has an adverse effect on any particular benefit at that time.

Regarding the independent review procedures, this includes the denial of a request for a referral for outof-network services when the claimant requests health care services from a provider that does not participate in the provider network because the clinical expertise of the provider may be medically necessary for treatment of the claimant's medical condition and that expertise is not available in the provider network.

*Allogeneic bone marrow transplant* or *BMT* means a procedure in which bone marrow from a related or non-related donor is infused into the transplant recipient and includes peripheral blood stem cell transplants.

*Applied behavior analysis* means the design, implementation and evaluation of environmental modifications using behavioral stimuli and consequences to produce socially significant improvement in human behavior, including the use of direct observation, measurement, and functional analysis of the relationship between environment and behavior.

*Autism spectrum disorder* means autism spectrum disorder as defined by the most recent editions of the Diagnostic and Statistical Manual of Mental Disorders.

*Autologous bone marrow transplant* or *ABMT* means a procedure in which the bone marrow infused is derived from the same person who is the transplant recipient and includes peripheral blood stem cell transplants.

**Bereavement counseling** means counseling of members of a deceased person's *immediate family* that is designed to aid them in adjusting to the person's death.

*Calendar Year* is the period beginning on the initial effective date of this policy and ending December 31 of that year. For each following year it is the period from January 1 through December 31.

**Case Management** is a program in which a registered nurse, known as a case manager, assists a *member* through a collaborative process that assesses, plans, implements, coordinates, monitors and evaluates options and health care benefits available to a *member*. Case management is instituted at the sole option of us when mutually agreed to by the *member* and the *member's physician*.

# *Center of Excellence* means a *hospital* that:

- 1. Specializes in a specific type or types of *listed transplants* or other services such as cancer, bariatric or infertility; and
- 2. Has agreed with *us* or an entity designated by *us* to meet quality of care criteria on a cost efficient basis. The fact that a *hospital* is a *network provider* does not mean it is a *Center of Excellence*.

*Child Health Supervision Services* means physician-delivered or physician-supervised services that include the services described in the Major Medical Expense Benefits section of this contract. These services do not include hospital charges.

*Chiropractic Care* involves neuromuscular treatment in the form of manipulation and adjustment of the tissues of the body, particularly of the spinal column and may include physical medicine modalities or use of *durable medical equipment*.

*Coinsurance* is the percentage of *covered expenses* that must be paid by *you* after the *deductible*. This percentage is shown on the Schedule of Benefits.

*Coinsurance percentage* means the percentage of *covered expenses* that are payable by *us*.

*Complaint* means any expression of dissatisfaction expressed to the insurer by the claimant, or a claimant's authorized representative, about an insurer or its providers with whom the insurer has a direct or indirect contract.

# Complications of pregnancy means:

- 1. Conditions whose diagnoses are distinct from pregnancy, but are adversely affected by pregnancy or are caused by pregnancy and not, from a medical viewpoint, associated with a normal pregnancy. This includes: ectopic pregnancy, spontaneous abortion, eclampsia, missed abortion, and similar medical and surgical conditions of comparable severity; but it does not include: false labor, preeclampsia, edema, prolonged labor, physician prescribed rest during the period of pregnancy, morning sickness, and conditions of comparable severity associated with management of a difficult pregnancy, and not constituting a medically classifiable distinct complication of pregnancy; and
- 2. An *emergency* caesarean section or a *non-elective* caesarean section.

*Continuous loss* means that *covered expenses* are continuously and routinely being incurred for the active treatment of an *illness* or *injury*. The first *covered expense* for the *illness* or *injury* must have been incurred

before insurance of the *covered person* ceased under this *policy*. Whether or not *covered expenses* are being incurred for the active treatment of the covered *illness* or *injury* will be determined by *us* based on generally accepted current medical practice.

*Contract* when *italicized*, means this *contract* issued and delivered to *you*. It includes the attached pages, including the Plan Information Page, Schedule of Benefits and any amendments.

*Cosmetic treatment* means treatments, procedures, or services that change or improve appearance without significantly improving physiological function and without regard to any asserted improvement to the psychological consequences or socially avoidant behavior resulting from an *injury, illness*, or congenital anomaly.

*Cost sharing percentage* means the percentage of *covered services* that is payable by *us*.

*Covered service* or *covered service expenses* means services, supplies or treatment as described in this *contract* which are performed, prescribed, directed or authorized by a *physician*. To be a *covered service* the service, supply or treatment must be

- 1. Provided or incurred while the *member's* coverage is in force under this *contract*;
- 2. Covered by a specific benefit provision of this *contract*; and
- 3. Not excluded anywhere in this *contract*.

*Covered person* means *you*, *your* lawful *spouse* and each *eligible child*:

- 1. Named in the application; or
- 2. Whom *we* agree in writing to add as a *covered person*.

*Custodial Care* is treatment designed to assist a *covered person* with activities of daily living and which can be provided by a layperson and not necessarily aimed at curing or assisting in recovery from a sickness or bodily injury.

Custodial care includes but is not limited to the following:

- 1. Personal care such as assistance in walking, getting in and out of bed, dressing, bathing, feeding and use of toilet;
- 2. Preparation and administration of special diets;
- 3. Supervision of the administration of medication by a caregiver;
- 4. Supervision of self-administration of medication; or
- 5. Programs and therapies involving or described as, but not limited to, convalescent care, rest care, sanatoria care, educational care or recreational care.

Such treatment is custodial regardless of who orders, prescribes or provides the treatment.

**Deductible amount** means the amount of *covered expenses*, shown in the *Schedule of Benefits*, that must actually be paid during any calendar year before any benefits are payable. The family *deductible amount* is two times the individual *deductible amount*. For family coverage, once a *covered person* has met the individual *deductible amount*, the remainder of the family *deductible amount* can be met with the combination of any one or more covered persons' *eligible expenses*.

**Dental expenses** means *surgery* or services provided to diagnose, prevent, or correct any ailments or defects of the teeth and supporting tissue and any related supplies or oral appliances. Expenses for such treatment are considered *dental expenses* regardless of the reason for the services.

Dependent member means your lawful spouse and/or an eligible child.

**Durable medical equipment** means items that are used to serve a specific diagnostic or therapeutic purpose in the treatment of an *illness* or *injury*, can withstand repeated use, are generally not useful to a person in the absence of *illness* or *injury*, and are appropriate for use in the patient's home.

*Effective date* means the applicable date a *member* becomes covered under this *contract* for *covered services*. The applicable *effective date* is shown:

- 1. On the Schedule of Benefits for this *contract* for initial *members*; and
- 2. On the date *we* approve the addition of any new *member*.

*Eligible child* means *your* or *your spouse's* child, if that child is less than 26 years of age. As used in this definition, "child" means:

- 1. A natural child;
- 2. A newborn child from the moment of birth;
- 3. A legally adopted child;
- 4. A foster child or other child in court-ordered temporary custody;
- 5. A child placed with *you* for adoption; or
- 6. A child for whom legal guardianship has been awarded to *you* or *your spouse*. It is *your* responsibility to notify *us* if *your* child ceases to be an *eligible child*. *You* must reimburse *us* for any benefits that *we* pay for a child at a time when the child did not qualify as an *eligible child*.
- 7. An unmarried child from the first of the month following the month in which the child turns age twenty-six (26) until the end of the calendar year in which the child turns thirty (30) years of age; and who is a resident of Florida or a full-time or part-time student; and is not provided coverage as a named member under any other group or individual health benefit plan; or is not entitled to benefits under Title XVIII of the Social Security Act.

If a dependent child is provided coverage under the Subscriber's Contract after the child reaches age twenty-six (26) and the coverage for the child is subsequently terminated prior to the end of the Calendar Year in which the child turns age thirty (30), the child is ineligible to be covered again under the Subscriber's Contract unless the child was continuously covered by other creditable coverage without a coverage gap of more than sixty-three (63) days.

*Eligible service expense* means a *covered expense* as determined below.

- 1. For *network providers*: When a *covered service* is received from a *network provider*, the *eligible service expense* is the contracted fee with that provider. The contracted fee will be paid directly to the *network provider*.
- 2. For non-*network providers*:
  - a. When a *covered service* is received from a *non-network provider* as a result of an *emergency* <u>and</u> there is <u>not</u> a *network provider* reasonably accessible to render the *covered service*, the *eligible service expense* is the lesser of (1) the negotiated fee, if any, that has been mutually agreed upon by *us* and the provider as payment in full (*you* will not be billed for the

difference between the negotiated fee and the provider's charge), or (2) the provider's billed charge.;

- b. When a *covered service* is received from a *non-network provider* as a result of an *emergency* <u>and</u> there <u>is</u> a *network provider* reasonably accessible to render the *covered service*, the *eligible service expense* is the negotiated fee, if any, that the provider has agreed to accept as payment in full (*you* will not be billed for the difference between the negotiated fee and the provider's charge). However, if the provider has not agreed to accept a negotiated fee as payment in full, the eligible expense is the greatest of the following:
  - i. the amount that would be paid under Medicare,
  - ii. the amount for the covered service calculated using the same method we generally use to determine payments for out-of-network services, or
  - iii. the contracted amount paid to *network providers* for the covered service. If there is more than one contracted amount with *network providers* for the covered service, the amount is the median of these amounts.

*You* may be billed for the difference between the amount paid and the provider's charge.

- *c.* When a *covered* non-emergency *service* is received from a *non-network provider* as approved or authorized by *us*, the *eligible service expense* is the negotiated fee, if any, that the provider has agreed to accept as payment in full (*you* will not be billed for the difference between the negotiated fee and the provider's charge). ). If there is no negotiated fee agreed to by the provider with *us*, the *eligible service expense* is the greater of (1) the amount that would be paid by Medicare, or (2) the contracted amount paid to *network providers* for the covered service. If there is more than one contracted amount with *network providers* for the covered service, the amount is the median of these amounts. *You* may be billed for the difference between the amount paid and the provider's charge.
- *d.* When a *covered* non-emergency *service expense* is received from a *non-network provider* and approved by *us* because the service or supply is not of a type provided by any *network provider*, the *eligible service expense* is the negotiated fee, if any, that the provider has agreed to accept as payment in full (*you* will not be billed for the difference between the negotiated fee and the provider's charge). If there is no negotiated fee agreed to by the provider with *us*, the *eligible service expense* is the amount that would be paid by Medicare. *You* may be billed for the difference between the amount paid and the provider's charge.

*Emergency* means a medical condition manifesting itself by acute symptoms of sufficient severity including severe pain which requires immediate no later than 24 hours after onset medical or surgical care and such that an average person who possesses an average knowledge of health and medicine, could reasonably expect the absence of immediate medical attention to result in:

- 1. Placing the health of the *covered person* or, with respect to a pregnant woman, the health of the woman or her unborn child in serious jeopardy;
- 2. Serious impairment to bodily functions; or
- 3. Serious dysfunction of any bodily organ or part.

With Respect to a pregnant woman:

1. that there is inadequate time to effect a safe transfer to another hospital prior to delivery;

- 2. that the transfer may pose a threat to the health and safety of the patient or fetus; or
- 3. that there is evidence of the onset and persistence of uterine contractions or rupture of the membranes.

*Emergency services and care* shall mean medical screening, examination, and evaluation by a physician, or, to the extent permitted by applicable law, by other appropriate personnel under the supervision of a physician, to determine if any emergency medical condition exists and, if it does, the care, treatment, or surgery for a covered service by a physician necessary to relieve or eliminate the emergency medical condition, within the service capability of a hospital.

Follow-up care is not considered Emergency Care. Benefits are provided for treatment of emergency medical conditions and emergency screening and stabilization services without prior authorization. Benefits for emergency care include facility costs and physician services, and supplies and prescription drugs charged by that facility. *You* must notify *us* or verify that *your* physician has notified *us* of *your* admission to a hospital within 48 hours or as soon as possible within a reasonable period of time. When *we* are contacted, *you* will be notified whether the inpatient setting is appropriate, and if appropriate, the number of days considered *medically necessary*. By contacting *us*, *you* may avoid financial responsibility for any inpatient care that is determined to be not *medically necessary* under *your* plan. If *your* provider does not contract with *us you* will be financially responsible for any care *we* determine is not *medically necessary*. Care and treatment provided once *you* are medically stabilized is no longer considered emergency care. Continuation of care from a non-participating provider beyond that needed to evaluate or stabilize *your* condition in an emergency will be covered as a non-network service unless *we* authorize the continuation of care and it is *medically necessary*.

*Essential Health Benefits* provided within this Policy are not subject to lifetime or annual dollar maximums. Certain non-essential health benefits, however, are subject to either a lifetime and/or annual dollar maximum. Essential Health Benefits are defined by federal law and refer to benefits in at least the following categories: Ambulatory patient services, Emergency services, Hospitalization, Maternity and newborn care, Mental health and substance use disorder services, including behavioral health treatment, Prescription drugs, Rehabilitative and habilitative services and devices, Laboratory services, Preventive and wellness services, and Chronic disease management and pediatric services, including oral and vision care.

*Expedited grievance* means a *grievance* where any of the following applies:

- 1. The duration of the standard resolution process will result in serious jeopardy to the life or health of the *claimant* or the ability of the claimant to regain maximum function;
- 2. In the opinion of a physician with knowledge of the claimant's medical condition, the claimant is subject to severe pain that cannot be adequately managed without the care or treatment that is the subject of the *grievance*; and
- 3. A physician with knowledge of the claimant's medical condition determines that the *grievance* shall be treated as an *expedited grievance*.

*Experimental* or *investigational treatment* means medical, surgical, diagnostic, or other health care services, treatments, procedures, technologies, supplies, devices, drug therapies, or medications that, after consultation with a medical professional, *we* determine to be:

1. Under study in an ongoing phase I or II clinical trial as set forth in the United States Food and Drug Administration (*USFDA*) regulation, regardless of whether the trial is subject to *USFDA* oversight;

- 2. An unproven service;
- 3. Subject to *USFDA* approval, and:
  - a. It does not have USFDA approval;
  - b. It has *USFDA* approval only under its Treatment Investigational New Drug regulation or a similar regulation;
  - c. It has *USFDA* approval, but is being used for an indication or at a dosage that is not an accepted off-label use. An accepted off-label use of a *USFDA*-approved drug is a use that is determined by *us* to be:
    - i. Included in authoritative compendia as identified from time to time by the Secretary of Health and Human Services;
    - ii. Safe and effective for the proposed use based on supportive clinical evidence in peer-reviewed medical publications; or
    - iii. Not an *unproven service;* or
  - *d.* It has *USFDA* approval, but is being used for a use, or to treat a condition, that is not listed on the Premarket Approval issued by the *USFDA* or has not been determined through peer reviewed medical literature to treat the medical condition of the *covered person*.
- 4. Experimental or investigational according to the provider's research protocols.

Items (3) and (4) above do not apply to phase III or IV USFDA clinical trials.

*Extended care facility* means an institution, or a distinct part of an institution, that:

- 1. Is licensed as a *hospital, extended care facility*, skilled nursing facility or *rehabilitation facility* by the state in which it operates;
- 2. Is regularly engaged in providing 24-hour skilled nursing care under the regular supervision of a *physician* and the direct supervision of a registered nurse;
- 3. Maintains a daily record on each patient;
- 4. Has an effective utilization review plan;
- 5. Provides each patient with a planned program of observation prescribed by a *physician;* and
- 6. Provides each patient with active treatment of an *illness* or *injury*, in accordance with existing standards of medical practice for that condition.

*Extended care facility* does not include a facility primarily for rest, the aged, treatment of *substance abuse, custodial care,* nursing care, or for care of *mental disorders* or the mentally incompetent.

*Generally accepted standards of medical practice* are standards that are based on credible scientific evidence published in peer-reviewed medical literature generally recognized by the relevant medical community, relying primarily on controlled clinical trials.

If no credible scientific evidence is available, then standards that are based on physician specialty society recommendations or professional standards of care may be considered. *We* reserve the right to consult medical professionals in determining whether a health care service, supply, or drug is *medically necessary* and is a *covered expense* under the *policy*. The decision to apply physician specialty society recommendations, the choice of medical professional, and the determination of when to use any such opinion, will be determined by *us*.

*Grievance* means any dissatisfaction with an insurer offering a health benefit plan or administration of a health benefit plan by the insurer that is expressed in writing in any form to the insurer by, or on behalf of, a claimant including any of the following:

- 1. Provision of services;
- 2. Determination to reform or rescind a policy;
- 3. Determination of a diagnosis or level of service required for evidence-based treatment of autism spectrum disorders; and
- 4. Claims practices.

*Habilitation* means ongoing, *medically necessary*, therapies provided to patients with developmental disabilities and similar conditions who need habilitation therapies to achieve functions and skills never before acquired, including services and devices that improve, maintain, and lessen the deterioration of a patient's functional status over a lifetime and on a treatment continuum.

*Home health aide services* means those services provided by a home health aide employed by a *home health care agency* and supervised by a registered nurse, which are directed toward the personal care of a *covered person*.

Home health care means care or treatment of an *illness* or *injury* at the covered person's home that is:

- 1. Provided by a *home health care agency*; and
- 2. Prescribed and supervised by a *physician*.

*Home health care agency* means a public or private agency, or one of its subdivisions, that:

- 1. Operates pursuant to law as a *home health care agency*;
- 2. Is regularly engaged in providing *home health care* under the regular supervision of a registered nurse;
- 3. Maintains a daily medical record on each patient; and
- 4. Provides each patient with a planned program of observation and treatment by a *physician*, in accordance with existing standards of medical practice for the *injury* or *illness* requiring the *home health care*.

*Hospice* means an institution that:

- 1. Provides a *hospice care program*;
- 2. Is separated from or operated as a separate unit of a *hospital*, *hospital*-related institution, *home health care agency*, mental health facility, *extended care facility*, or any other licensed health care institution;
- 3. Provides care for the *terminally ill;* and
- 4. Is licensed by the state in which it operates.

*Hospice care program* means a coordinated, interdisciplinary program prescribed and supervised by a *physician* to meet the special physical, psychological, and social needs of a *terminally ill covered person* and those of his or her *immediate family*.

*Hospital* means an institution that:

- 1. Operates as a *hospital* pursuant to law;
- 2. Operates primarily for the reception, care, and treatment of sick or injured persons as *inpatients*;
- 3. Provides 24-hour nursing service by registered nurses on duty or call;

- 4. Has staff of one or more *physicians* available at all times;
- 5. Provides organized facilities and equipment for diagnosis and treatment of acute medical, surgical, or mental conditions either on its premises or in facilities available to it on a prearranged basis; and
- 6. Is not primarily a long-term care facility; an *extended care facility*, nursing, rest, *custodial care*, or convalescent home; a halfway house, transitional facility, or *residential treatment facility*; a place for the aged, drug addicts, alcoholics, or runaways; a facility for wilderness or outdoor programs; or a similar establishment.

While confined in a separate identifiable *hospital* unit, section, or ward used primarily as a nursing, rest, *custodial care* or convalescent home, *rehabilitation facility, extended care facility,* or *residential treatment facility,* halfway house, or transitional facility, a *covered person* will be deemed not to be confined in a *hospital* for purposes of this *policy*.

*Illness* means a sickness, disease, or disorder of a *covered person*. *Illness* does not include learning disabilities, attitudinal disorders, or disciplinary problems. All *illnesses* that exist at the same time and that are due to the same or related causes are deemed to be one *illness*. Further, if an *illness* is due to causes that are the same as, or related to, the causes of a prior *illness*, the *illness* will be deemed a continuation or recurrence of the prior *illness* and not a separate *illness*.

*Immediate family* means the parents, *spouse*, children, or siblings of any *covered person*, or any person residing with a *covered person*.

*Injury* means accidental bodily damage sustained by a *covered person* and inflicted on the body by an external force. All *injuries* due to the same accident are deemed to be one *injury*.

*Inpatient* means that services, supplies, or treatment for medical, behavioral health or substance abuse are received by a person who is an overnight resident patient of a *hospital* or other facility, using and being charged for room and board.

*Intensive care unit* means a Cardiac Care Unit, or other unit or area of a *hospital*, that meets the required standards of the Joint Commission on Accreditation of Hospitals for Special Care Units.

*Intensive day rehabilitation* means two or more different types of therapy provided by one or more *rehabilitation licensed practitioners* and performed for three or more hours per day, five to seven days per week.

*Loss* means an event for which benefits are payable under this *policy*. A *loss* must occur while the *covered person* is insured under this *policy*.

*Listed transplant* means one of the following procedures and no others:

- 1. Heart transplants;
- 2. Lung transplants;
- 3. Heart/lung transplants;
- 4. Kidney transplants;
- 5. Liver transplants;
- 6. Bone marrow transplants for the following conditions:

- a. BMT or ABMT for Non-Hodgkin's Lymphoma;
- b. *BMT* or *ABMT* for Hodgkin's Lymphoma;
- c. BMT for Severe Aplastic Anemia;
- d. *BMT* or *ABMT* for Acute Lymphocytic and Nonlymphocytic Leukemia;
- e. BMT for Chronic Myelogenous Leukemia;
- f. ABMT for Testicular Cancer;
- g. BMT for Severe Combined Immunodeficiency;
- h. BMT or ABMT for Stage III or IV Neuroblastoma;
- i. *BMT* for Myelodysplastic Syndrome;
- j. BMT for Wiskott-Aldrich Syndrome;
- k. BMT for Thalassemia Major;
- l. BMT or ABMT for Multiple Myeloma;
- m. *ABMT* for pediatric Ewing's sarcoma and related primitive neuroectodermal tumors, Wilm's tumor, rhabomyosarcoma, medulloblastoma, astrocytoma and glioma;
- n. *BMT* for Fanconi's anemia;
- o. BMT for malignant histiocytic disorders; and
- p. *BMT* for juvenile.

*Loss of Minimum essential coverage* means in the case of an employee or dependent who has coverage that is not COBRA continuation coverage, the conditions are satisfied at the time the coverage is terminated as a result of loss of eligibility regardless of whether the individual is eligible for or elects COBRA continuation coverage. Loss of eligibility does not include a loss due to the failure of the employee or dependent to pay premiums on a timely basis or termination of coverage for cause such as making a fraudulent claim or an intentional misrepresentation of a material fact in connection with the plan. Loss of eligibility for coverage includes, but is not limited to:

- 1. Loss of eligibility for coverage as a result of legal separation, divorce, cessation of dependent status such as attaining the maximum age to be eligible as a dependent child under the plan, death of an employee, termination of employment, reduction in the number of hours of employment, and any loss of eligibility for coverage after a period that is measured by reference to any of the foregoing;
- 2. In the case of coverage offered through an HMO, or other arrangement, in the individual market that does not provide benefits to individuals who no longer reside, live, or work in a service area, loss of coverage because an individual no longer resides, lives, or works in the service area whether or not within the choice of the individual;
- 3. In the case of coverage offered through an HMO, or other arrangement, in the group market that does not provide benefits to individuals who no longer reside, live, or work in a service area, loss of coverage because an individual no longer resides, lives, or works in the service area whether or not within the choice of the individual, and no other benefit package is available to the individual;
- 4. A situation in which a plan no longer offers any benefits to the class of similarly situated individuals as described in § 54.9802-1(d) that includes the individual;
- 5. In the case of an employee or dependent who has coverage that is not COBRA continuation coverage, the conditions are satisfied at the time employer contributions towards the employee's or dependent's coverage terminate. Employer contributions include contributions by any current or former employer that was contributing to coverage for the employee or dependent, and
- 6. In the case of an employee or dependent who has coverage that is COBRA continuation coverage, the conditions are satisfied at the time the COBRA continuation coverage is exhausted. An individual who satisfies the conditions for special enrollment, does not enroll, and instead elects and exhausts COBRA continuation coverage satisfies the conditions.

*Managed drug limitations* means limits in coverage based upon time period, amount or dose of a drug, or other specified predetermined criteria.

*Maximum out-of-pocket* amount is the sum of the deductible amount, *prescription drug deductible amount* (if applicable), copayment *amount* and *coinsurance percentage* of *covered expenses*, as shown in the Schedule of Benefits. After the *maximum out-of-pocket amount* is met for an individual, Celtic pays 100% of *eligible service expenses* for that individual. The family *maximum out-of-pocket amount* is two times the individual maximum out-of-pocket amount. For family coverage, the family maximum out-of-pocket amount can be met with the combination of any one or more covered persons' *eligible service expense*. A covered person's maximum out-of-pocket will not exceed the individual maximum out-of-pocket amount.

*Maximum therapeutic benefit* means the point in the course of treatment where no further improvement in a *covered person's* medical condition can be expected, even though there may be fluctuations in levels of pain and function.

*Medical practitioner* means the physicians, physician's assistants, nurses, nurse clinicians, nurse practitioners, pharmacists, marriage and family therapists, clinical social workers, mental health counselors, speech-language pathologists, audiologists, occupational therapists, respiratory therapists, physical therapists, ambulance services, hospitals, skilled nursing facilities, or other health care providers properly licensed in the State of Florida.

*Medically necessary* or *medical necessity* means any medical service, supply or treatment authorized by a *physician* to diagnose and treat a *covered person's illness or injury* which:

- 1. Is consistent with the symptoms or diagnosis;
- 2. Is provided according to generally accepted medical practice standards;
- 3. Is not *custodial care*;
- 4. Is not solely for the convenience of the *physician* or the *covered person*;
- 5. Is not *experimental or investigational*;
- 6. Is provided in the most cost effective care facility or setting;
- 7. Does not exceed the scope, duration, or intensity of that level of care that is needed to provide safe, adequate and appropriate diagnosis or treatment; and
- 8. When specifically applied to a *hospital* confinement, it means that the diagnosis and treatment of *your* medical symptoms or conditions cannot be safely provided as an outpatient.

Charges incurred for treatment not *medically necessary* are not *eligible expenses*.

*Medically stabilized* means that the person is no longer experiencing further deterioration as a result of a prior *injury* or *illness* and there are no acute changes in physical findings, laboratory results, or radiologic results that necessitate acute medical care. Acute medical care does not include *acute rehabilitation*.

# *Medicare opt-out practitioner* means a *medical practitioner* who:

- 1. Has filed an affidavit with the Department of Health and Human Services stating that he, she, or it will not submit any claims to Medicare during a two-year period; and
- 2. Has been designated by the Secretary of that Department as a *Medicare opt-out practitioner*.

*Medicare participating practitioner* means a *medical practitioner* who is eligible to receive reimbursement from Medicare for treating Medicare-eligible individuals.

*Member* or Covered Person means an individual covered by the health plan including an enrollee, subscriber or policy holder.

*Mental disorder* is a behavioral, emotional or cognitive pattern of functioning in an individual that is associated with distress, suffering, or impairment in one or more areas of life – such as school, work, or social and family interactions

*Necessary medical supplies* means medical supplies that are:

- 1. Necessary to the care or treatment of an *injury* or *illness*;
- 2. Not reusable or *durable medical equipment*; and
- 3. Not able to be used by others.

*Necessary medical supplies* do not include first aid supplies, cotton balls, rubbing alcohol, or like items routinely found in the home.

*Network* means a group of *physicians* and providers who have contracts that include an agreed upon price for health care expenses.

**Network eligible expense** means the *eligible expense* for services or supplies that are provided by a *network provider*. For facility services, this is the *eligible expense* that is provided at and billed by a *network* facility for the services of either a *network* or non-*network provider*. *Network eligible expense* includes benefits for *emergency* health services even if provided by a non-*network provider*.

*Network provider* means a *physician* or provider who is identified in the most current list for the *network* shown on *your* identification card.

**Non-network provider** means a *physician* or provider who is <u>NOT</u> identified in the most current list for the *network* shown on *your* identification card. Services received from a *non-network provider* are not covered, except as specifically stated in this policy.

## *Non-elective caesarean section* means:

- 1. A caesarean section where vaginal delivery is not a medically viable option; or
- 2. A repeat caesarean section.

*Non-network provider* means a *physician* or provider who is <u>NOT</u> identified in the most current list for the *network* shown on *your* identification card. Services received from a *non-network provider* are not covered, except as specifically stated in this policy.

*Non-network eligible expense* means the *eligible expense* for services or supplies that are provided and billed by a non-*network provider*.

*Other plan* means any plan or policy that provides insurance, reimbursement, or service benefits for *hospital*, surgical, or medical expenses. This includes payment under group or individual insurance policies, automobile no-fault or medical pay, workers compensation policy, homeowner insurance medical

pay, premises medical pay, nonprofit health service plans, health maintenance organization subscriber contracts, self-insured group plans, prepayment plans, and Medicare when the *covered person* is enrolled in Medicare. *Other plan* will not include Medicaid.

*Out-of-pocket expenses* means those expenses that a *covered person* is required to pay that: (A) qualify as *covered expenses*; and (B) are not paid or payable if a claim were made under any *other plan*.

**Outpatient surgical facility** means any facility with a medical staff of *physicians* that operates pursuant to law for the purpose of performing *surgical procedures*, and that does not provide accommodations for patients to stay overnight. This does not include facilities such as: acute-care clinics, *urgent care centers*, ambulatory-care clinics, free-standing emergency facilities, and *physician* offices.

**Pain management program** means a program using interdisciplinary teams providing coordinated, goaloriented services to a *covered person* who has chronic pain that significantly interferes with physical, psychosocial, and vocational functioning, for the purpose of reducing pain, improving function, and decreasing dependence on the health care system. A *pain management program* must be individualized and provide physical *rehabilitation*, education on pain, relaxation training, and medical evaluation.

*Physician* means a licensed medical practitioner who is practicing within the scope of his or her licensed authority in treating a bodily injury or sickness and is required to be covered by state law including dentists, optometrists, opthhalmologists, osteopaths, podiatrists, and chiropractors. A *physician* does **NOT** include someone who is related to a *covered person* by blood, marriage or adoption or who is normally a member of the *covered person's* household.

*Plan* means this *policy* or *contract*. Throughout this *contract you* will see references to Celtic Insurance Company and Ambetter from Sunshine Health. Ambetter from Sunshine Health operates under its legal entity, Celtic Insurance Company, and both may be referred to as the "plan."

*Policy* when *italicized*, means this *policy* issued and delivered to *you*. It includes the attached pages, the applications, and any amendments.

*Post-service claim* means any claim for benefits for medical care or treatment that is not a *pre-service claim*.

*Pre-service claim* means any claim for benefits for medical care or treatment that requires the approval of the plan in advance of the claimant obtaining the medical care.

**Pregnancy** means the physical condition of being pregnant, but does not include *complications of pregnancy*.

Prescription drug means any medicinal substance whose label is required to bear the legend "RX only."

*Prescription order* means the request for each separate drug or medication by a *physician* or each authorized refill or such requests.

**Proof of loss** means information required by *us* to decide if a claim is payable and the amount that is payable. It includes, but is not limited to, claim forms, medical bills or records, other plan information, and

*network* re-pricing information. *Proof of loss* must include a copy of all Explanation of Benefit forms from any other carrier, including Medicare.

**Reconstructive surgery** means *surgery* performed on an abnormal body structure caused by congenital defects, developmental abnormalities, trauma, infection, tumors, or disease in order to improve function or to improve the patient's appearance, to the extent possible.

**Rehabilitation** means care for restoration including by education or training of one's prior ability to function at a level of *maximum therapeutic benefit*. This type of care must be *acute rehabilitation, sub-acute rehabilitation,* or *intensive day rehabilitation,* and it includes *rehabilitation therapy* and *pain management programs*. An *inpatient* hospitalization will be deemed to be for *rehabilitation* at the time the patient has been *medically stabilized* and begins to receive *rehabilitation therapy* or treatment under a *pain management program.* 

*Rehabilitation facility* means an institution or a separate identifiable *hospital* unit, section, or ward that:

- 1. Is licensed by the state as a *rehabilitation facility*; and
- 2. Operates primarily to provide 24-hour primary care or *rehabilitation* of sick or injured persons as *inpatients*.

*Rehabilitation facility* does not include a facility primarily for rest, the aged, long term care, assisted living, *custodial care,* nursing care, or for care of the mentally incompetent.

**Rehabilitation licensed practitioner** means, but is not limited to, a *physician*, physical therapist, speech therapist, occupational therapist, or respiratory therapist. A *rehabilitation licensed practitioner* must be licensed or certified by the state in which care is rendered and performing services within the scope of that license or certification.

*Rehabilitation therapy* means physical therapy, occupational therapy, speech therapy, or respiratory therapy.

*Rescission* of a policy means a determination by an insurer to withdraw the coverage back to the initial date of coverage.

**Residence** means the physical location where *you* live. If *you* live in more than one location, and *you* file a United States income tax return, the physical address, not a P.O. Box, shown on *your* United States income tax return as *your* residence will be deemed to be *your* place of residence. If *you* do not file a United States income tax return, the *residence* where *you* spend the greatest amount of time will be deemed to be *your* place of *residence*.

*Residential treatment facility* means a facility that provides, with or without charge sleeping accommodations, and:

- 1. Is not a *hospital*, *extended care facility*, or *rehabilitation facility*; or
- 2. Is a unit whose beds are not licensed at a level equal to or more acute than skilled nursing.

**Respite care** means home health care services provided temporarily to a *covered person* in order to provide relief to the *covered person's immediate family* or other caregiver.

*Skilled Nursing Facility* means services that include *physician* services, room and board limited to semiprivate rooms, unless a private room is *medically necessary* or a semi-private room is not available, and patient meals, general nursing care, rehabilitative services, drugs (drugs and biologicals), medical supplies and the use of appliances and equipment furnished by skilled nursing facility. Limitations apply, see *your S*chedule of Benefits.

*Spouse* means *your* lawful wife or husband.

*Sub-acute rehabilitation* means one or more different types of therapy provided by one or more *rehabilitation licensed practitioners* and performed for one-half hour to two hours per day, five to seven days per week, while the *covered person* is confined as an *inpatient* in a *hospital, rehabilitation facility*, or *extended care facility*.

*Substance abuse* means alcohol, drug or chemical abuse, overuse, or dependency.

# *Surgery* or *surgical procedure* means:

- 1. An invasive diagnostic procedure; or
- 2. The treatment of a *covered person's illness* or *injury* by manual or instrumental operations, performed by a *physician* while the *covered person is under general or local anesthesia*.

*Surveillance tests for ovarian cancer* means annual screening using:

- 1. CA-125 serum tumor marker testing;
- 2. Transvaginal ultrasound; or
- 3. Pelvic examination.

*Terminal illness counseling* means counseling of the *immediate family* of a *terminally ill* person for the purpose of teaching the *immediate family* to care for and adjust to the *illness* and impending death of the *terminally ill* person.

*Terminally ill* means a *physician* has given a prognosis that a *covered person* has six months or less to live.

*Third party* means a person or other entity that is or may be obligated or liable to the *covered person* for payment of any of the *covered person's* expenses for *illness* or *injury*. The term "*third party*" includes, but is not limited to, an individual person; a for-profit or non-profit business entity or organization; a government agency or program; and an insurance company. However, the term "*third party*" will not include any insurance company with a policy under which the *covered person* is entitled to benefits as a named insured person or an insured *dependent* of a named insured person except in those jurisdictions where statutes or common law does not specifically prohibit *our* right to recover from these sources.

**Tobacco use** or **use of tobacco** means use of tobacco by individuals who may legally use tobacco under federal and state law on average four or more times per week and within no longer than the six months immediately preceding the date application for this *policy* was completed by the *covered person*, including all tobacco products but excluding religious and ceremonial uses of tobacco.

**Unproven service(s)** means services, including medications, that are determined not to be effective for treatment of the medical condition, and/or not to have a beneficial effect on health outcomes, due to

insufficient and inadequate clinical evidence from *well-conducted randomized controlled trials* or *well-conducted cohort studies* in the prevailing published peer-reviewed medical literature.

- 1. *"Well-conducted randomized controlled trials"* means that two or more treatments are compared to each other, and the patient is not allowed to choose which treatment is received; and
- 2. *"Well-conducted cohort studies"* means patients who receive study treatment are compared to a group of patients who receive standard therapy. The comparison group must be nearly identical to the study treatment group.

**Urgent care center** means a facility, not including a *hospital emergency* room or a *physician's* office, that provides treatment or services that are required:

- 1. To prevent serious deterioration of a *covered person's* health; and
- 2. As a result of an unforeseen *illness, injury,* or the onset of acute or severe symptoms.

*Utilization review* means a process used to monitor the use of, or evaluate the clinical necessity, appropriateness, efficacy, or efficiency of, health care services, procedures, or settings. Areas of review may include ambulatory review, prospective review, second opinion, certification, concurrent review, case management, discharge planning, or retrospective review.

# DEPENDENT COVERAGE

## **Dependent Member Eligibility**

*Your dependent members* become eligible for coverage under this *policy* on the latter of:

- 1. The date *you* became covered under this *policy;* or
- 2. The date of marriage to add a spouse; or
- 3. The date of a newborns birth; or
- 4. The date that an adopted child is placed with *you* or *your* spouse for the purposes of adoption or *you* or *your* spouse assumes total or partial financial support of the child.

## **Effective Date for Initial Dependent Members**

The *effective date* for *your* initial *dependents*, if any, is shown on the Schedule of Benefits. Only *dependents* included in the application for this *policy* will be covered on *your effective date*.

## Coverage for a Newborn Child

An eligible child born to you or your covered family member(s) will be covered from the time of birth if the newborn is enrolled timely as specified in the Special Enrollment provision.

The coverage, benefits or services for newborns shall consist of coverage for injury or sickness, including the necessary care or treatment of medically diagnosed congenital defects, birth abnormalities or prematurity and up to \$1,000 transportation costs of the newborn to and from the nearest appropriate facility staffed and equipped to treat the newborn's condition when such transportation is certified by the treating provider as necessary to protect the health and safety of the newborn child.

Additional premium will be required to continue coverage beyond the 31st day after the date of birth of the child. The required premium will be calculated from the child's date of birth. If notice of the newborn is given to *us* within the 31 days from birth, an additional premium for coverage of the newborn child will be charged for not less than 31 days after the birth of the child. If notice is not given with the 31 days from birth, *we* will charge an additional premium from the date of birth. If notice is given to *us* within 60 days of the birth of the child, the *policy* may not deny coverage of the child due to failure to notify *us* of the birth of the child or to pre-enroll the child

## **Coverage for an Adopted Child**

Coverage for children under this *policy* will be provided for the adopted child of a *member* who has family coverage. Coverage is provided from the moment of placement to a child the *member* proposes to adopt who is placed in the *member's* residence in compliance with Chapter 63, Florida Statues. A newborn infant who is adopted by the *member* is covered from the moment of birth if a written agreement to adopt such child has been entered into prior to the birth of the child, whether or not such agreement is enforceable. However, coverage will not be provided in the event the child is not ultimately placed in the *member's* residence in compliance statues.

The *member's* adopted child is covered from the moment of placement in the residence, or if a newborn, from the moment of birth, if the child is enrolled timely as specified in the Special and Limited Enrollment Period provision.

Additional premium will be required to continue coverage beyond the 31st day following *placement* of the child. The required premium will be calculated from the date of *placement* for adoption. Coverage of the child will terminate on the 31st day following *placement*, unless *we* have received both: (A) written notice of *your* or *your spouse's* intent to adopt the child; and (B) any additional premium required for the addition of the child within 90 days of the date of *placement*.

As used in this provision, "placement" means the earlier of:

- 1. The date that *you* or *your spouse* assume physical custody of the child for the purpose of adoption; or
- 2. The date of entry of an order granting *you* or *your spouse* custody of the child for the purpose of adoption.

# **Adding Other Dependent Members**

If *you* apply in writing for insurance on a *dependent* and *you* pay the required premiums, then the *effective date* will be shown in the written notice to *you* that the *dependent* is insured.

# ONGOING ELIGIBILITY

## **For All Covered Persons**

A *member's* eligibility for coverage under this *policy* will cease on the earlier of:

- 1. The date that a *member* accepts any direct or indirect contribution or reimbursement, by or on behalf of an employer, for any portion of the premium for coverage under this *contract*;
- 2. The date a *member's* employer and a *member* treat this *contract* as part of an employer-provided health plan for any purpose, including tax purposes;
- 3. The primary *member* residing outside the service area or moving permanently outside the service area of this plan.

## **For Dependent Members**

A *dependent* will cease to be a *covered person* at the end of the premium period in which he or she ceases to be *your dependent* due to divorce or if a child ceases to be an *eligible child*. For eligible children, coverage will terminate the thirty-first of December the year that the dependent turns 30 years of age.

*We* must receive notification within 90 days of the date an insured ceases to be an eligible *dependent*. If notice is received by *us* more than 90 days from this date, any unearned premium will be credited only from the first day of the calendar month in which *we* receive the notice.

A covered person will not cease to be a dependent eligible child solely because of age if the eligible child is:

- 1. Not capable of self-sustaining employment due to mental handicap or physical handicap that began before the age limit was reached; and
- 2. Mainly dependent on *you* for support.

If health benefits are denied for the stated reason that the child has reached the limiting age for dependent coverage specified in this *contract*, the *member* has the burden of establishing that the child continues to meet the criteria specified above. Failure to provide the required proof may result in the dependent's termination of coverage.

The coverage of the handicapped child may be continued, but not beyond the termination date of such incapacity or such dependence. This provision shall in no event limit the application of any other *contract* provisions terminating such child's coverage for any other reason than the attainment of the limiting age.

# **Open Enrollment**

There will be an open enrollment period for coverage. The open enrollment period begins November 1, 2016and extends through January 31, 2017. *Individuals* who enroll prior to December 15, 2016 will have an *effective date* of coverage on January 1, 2017 *Individuals* that enroll between the first and fifteenth day of any subsequent month during the initial open enrollment period, will have a coverage *effective date* of the first day of the following month. *Individuals* that enroll between the sixteenth and last day of the month between December 2016 and January 31, 2017, will have a coverage *effective date* of the first day of the following month.

# **Special and Limited Enrollment**

An *individual* has 60 days to enroll as a result of one of the following events:

- 1. An individual or dependent loses minimum essential coverage;
  - 2. An *individual* gains a dependent or becomes a *dependent* or *eligible child*;

- 3. An individual who was not previously a citizen, national, or lawfully present individual gains such status;
- 4. An individual's enrollment or non-enrollment in a health plan is unintentional, inadvertent, or erroneous and is the result of the error, misrepresentation, or inaction of an agent;
- 5. An *individual* or enrollee gains access to new health plans as a result of a permanent move;
- 6. Qualifying events as defined under section 603 of the Employee Retirement Income Security Act of 1974, as amended; or

# PREMIUMS

## **Premium Payment**

Each premium is to be paid to *us* on or before its due date. A due date is the last day of the period for which the preceding premium was paid.

## **Grace Period**

After the first premium is paid, a grace period of 31 days from the premium due date is given for the payment of premium. This provision means that if any required premium is not paid on or before the date it is due, it may be paid during the grace period. During the grace period, coverage will remain in force.

## **Misstatement Of Age**

If a *covered person's* age has been misstated, the benefits may be adjusted based on the relationship of the premium paid to the premium that should have been paid, based on the correct age.

# **Change Or Misstatement Of Residence**

If *you* change *your residence*, *you* must notify *us* of *your* new *residence* within 60 days of the change. *Your* premium will be based on *your* new *residence* beginning on the first day of the next calendar month after the change. If *your residence* is misstated on *your* application, or *you* fail to notify *us* of a change of *residence*, *we* will apply the correct premium amount beginning on the first day of the first full calendar month *you* resided at that place of *residence*. If the change results in a lower premium, *we* will refund any excess premium. If the change results in a higher premium, *you* will owe *us* the additional premium.

## **Misstatement Of Tobacco Use**

The answer to the tobacco question on the application is material to *our* correct underwriting. If a *covered person's* use of tobacco has been misstated on the *covered person's* application for coverage under this *policy, we* have the right to rerate the policy back to the original effective date.

## **Billing/Administrative Fees**

Upon prior written notice, *we* may impose an administrative fee for credit card payments. This does not obligate *us* to accept credit card payments. *We* will charge a \$20 fee for any check or automatic payment deduction that is returned unpaid.

# MAJOR MEDICAL EXPENSE BENEFITS

## Deductible

The *deductible amount* means the amount of *covered expenses* that must be paid by all *covered Persons* before any benefits are payable.

## **Coinsurance Percentage**

We will pay the applicable *coinsurance percentage* in excess of the applicable deductible for a service or supply that:

- 1. Qualifies as a covered expense under one or more benefit provisions; and
- 2. Is received while the *covered person's* insurance is in force under the *policy* if the charge for the service or supply qualifies as an *eligible expense*.

When the annual out-of-pocket maximum has been met, additional *covered expenses* will be payable at 100%.

The amount payable will be subject to:

- 1. Any specific benefit limits stated in the *policy*;
- 2. A determination of *eligible expenses*; and
- 3. Any reduction for expenses incurred at a *non-network provider*. Please refer to the information on the Schedule of Benefits.

**Note:** The bill *you* receive for services or supplies from a *non-network provider* may be significantly higher than the *eligible expenses* for those services or supplies. In addition to the *deductible amount* and *coinsurance percentage, you* are responsible for the difference between the *eligible expense* and the amount the provider bills *you* for the services or supplies. Any amount *you* are obligated to pay to the provider in excess of the *eligible expense* will not apply to *your deductible amount* or out-of-pocket maximum.

## **Network Availability**

*Your network* is subject to change upon advance written notice. A *network* may not be available in all areas. If *you* move to an area where *we* are not offering access to a *network*, the *network* provisions of the *policy* will no longer apply. In that event, benefits will be calculated based on the *eligible expense*, subject to the *deductible amount* for *network providers*. *You* will be notified of any increase in premium.

# **Coverage Under Other Policy Provisions**

Charges for services and supplies that qualify as *covered expenses* under one benefit provision will not qualify as *covered expenses* under any other benefit provision of this *policy*.

## **Ambulance Service Benefits**

*Covered expenses* will include ambulance services for local transportation:

- 1. To the nearest *hospital* that can provide services appropriate to the *covered person's illness* or *injury*, in cases of *emergency*.
- 2. To the nearest neonatal special care unit for newborn infants for treatment of *illnesses, injuries,* congenital birth defects, or complications of premature birth that require that level of care.
- 3. Transportation between hospitals or between a hospital and skilled nursing or rehabilitation facility when approved by Sunshine Health.

Benefits for air ambulance services are limited to:

- 1. Services requested by police or medical authorities at the site of an *emergency*; or
- 2. Those situations in which the *covered person* is in a location that cannot be reached by ground ambulance.

# Exclusions:

No benefits will be paid for:

- 1. Expenses incurred for ambulance services covered by a local governmental or municipal body, unless otherwise required by law;
- 2. Non-emergency air ambulance;
- 3. Air ambulance:
  - a. Outside of the 50 United States and the District of Columbia;
  - b. From a country or territory outside of the United States to a location within the 50 United States or the District of Columbia; or
  - c. From a location within the 50 United States or the District of Columbia to a country or territory outside of the United States; or
- 4. Ambulance services provided for a *covered person's* comfort or convenience.
- 5. Non-emergency transportation excluding ambulances (for example transport van, taxi).

# Mental Health and Substance Abuse Expense Benefits

*Covered expenses* for mental health and substance abuse are included on a non-discriminatory basis for all *covered persons* for the diagnosis and *medically necessary* and active treatment of mental, emotional, and substance use disorders, as described in the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders. *Deductible* and treatment limits for behavioral health expense benefits will be applied in the same manner as physical health service benefits.

*Covered expenses* are included on a non-discriminatory basis for individuals seeking diagnosis and treatment for mental health disorders following any type of assault or violent act, including rape or an assault with intent to commit rape when the diagnosis and treatment costs exceed the maximum compensation allowed by the state.

Inpatient, intermediate and outpatient mental health and substance abuse service expenses are covered, if *medically necessary* and may be subject to prior authorization. See the Schedule of Benefits for more information regarding services that require prior authorization and specific benefit, day or visit limits, if any. Medication management visits do not require prior authorization for *network providers*.

Inpatient mental health and substance abuse *covered expenses* include the following: 24 hour services, delivered in a psychiatric unit of a licensed general hospital, a psychiatric hospital, or a substance abuse facility, that provide evaluation and treatment for an acute psychiatric condition or substance use diagnosis, or both.

Intermediate mental health and substance abuse *covered expenses* include the following: Non-inpatient services that provide more intensive and extensive treatment interventions when outpatient services alone are not sufficient to meet the patient's needs. Intermediate care is based on *medical necessity*.

Outpatient mental health and substance abuse *covered expenses* include the following: Services provided in person in an ambulatory care setting. Outpatient services may be provided in a licensed *hospital*, a mental health or substance abuse clinic licensed by the appropriate state entity, a public community mental health center, a professional office or home–based services. Such services delivered in such offices or settings are to be rendered by a licensed mental health professional, a licensed physician who specializes in the practice of psychiatry, a licensed psychologist, a licensed independent clinical social worker, a licensed mental health counselor, or a licensed nurse mental health clinical specialist acting within the scope of his/her license.

Covered Inpatient, Intermediate and Outpatient mental health and/or substance use disorder services are as follows:

## Inpatient

- 1. Inpatient treatment;
- 2. Rehabilitation;
- 3. Observation;
- 4. Crisis Stabilization; and
- 5. Electroconvulsive Therapy (ECT).

## Intermediate

- 1. Partial Hospitalization Program (PHP);
- 2. Intensive Outpatient Program (IOP); and
- 3. Rehabilitation.

## Outpatient

- 1. Traditional outpatient services, including individual and group therapy services;
- 2. Medication management services;
- 3. Diagnostic testing;
- 4. Biofeedback;
- 5. Telemedicine; and
- 6. Psychological testing.

Expenses for these services are covered, if *medically necessary* and may be subject to prior authorization. Please see the Schedule of Benefits for more information regarding services that require prior authorization and specific benefit, day or visit limits, if any.

## **Autism Spectrum Disorder Benefits**

Generally recognized services prescribed in relation to *autism spectrum disorder* by a *physician* or behavioral health practitioner in a treatment plan recommended by that *physician* or behavioral health practitioner.

For purposes of this section, generally recognized services may include services such as:

- evaluation and assessment services;
- applied behavior analysis;
- behavior training and behavior management;
- speech therapy;
- occupational therapy;
- physical therapy; or

- habilitation services, limited to children ages 0 to 21 with a diagnosis of *autism spectrum disorder*; or
- medications or nutritional supplements used to address symptoms of *autism spectrum disorder*.

# Habilitation, Rehabilitation and Extended Care Facility Expense Benefits

*Covered expenses* include expenses incurred for *habilitation* or *rehabilitation* services or confinement in an *extended care facility*, subject to the following limitations:

- 1. *Covered expenses* available to a *covered person* while confined primarily to receive *habilitation* or *rehabilitation* are limited to those specified in this provision;
- 2. *Rehabilitation* services or confinement in a *rehabilitation facility* or *extended care facility* must be for treatment of, or *rehabilitation* related to, the same *illness* or *injury* that resulted in the *hospital* stay;
- 3. *Covered expenses* for *provider facility* services are limited to charges made by a *hospital*, *rehabilitation facility*, or *extended care facility* for:
  - a. Daily room and board and nursing services;
  - b. Diagnostic testing; and
  - c. Drugs and medicines that are prescribed by a *physician*, must be filled by a licensed pharmacist, and are approved by the U.S. Food and Drug Administration;
- 4. *Covered expenses* for non-*provider facility* services are limited to charges incurred for the professional services of *rehabilitation licensed practitioners.*
- 5. Outpatient physical therapy, occupational therapy and speech therapy.

See the Schedule of Benefits for benefit levels or additional limits.

Care ceases to be *rehabilitation* upon *our* determination of any of the following:

- 1. The covered person has reached maximum therapeutic benefit;
- 2. Further treatment cannot restore bodily function beyond the level the *covered person* already possesses;
- 3. There is no measurable progress toward documented goals; and
- 4. Care is primarily *custodial care*.

# Definition:

As used in this provision, "provider facility" means a hospital, rehabilitation facility, or extended care facility.

# Home Health Care Expense Benefits

*Covered expenses* for *home health care* are limited to the following charges:

- 1. *Home health aide services,* only if provided in conjunction with skilled nurse or licensed practical nursing services.
- 1. Services of a private duty registered nurse rendered on an outpatient basis;
- *2.* Professional fees of a licensed respiratory, physical, occupational, or speech therapist required for *home health care;*
- 3. I.V. medication and pain medication;
- 4. Hemodialysis, and for the processing and administration of blood or blood components;
- 5. Necessary medical supplies; and
- 6. Rental of the *durable medical equipment* set forth below:
  - a. I.V. stand and I.V. tubing;

- b. Infusion pump or cassette;
- c. Portable commode;
- d. Patient lift;
- e. Bili-lights, and
- f. Suction machine and suction catheters.

Charges under (4) are *covered expenses* to the extent they would have been *covered expenses* during an *inpatient hospital* stay.

At *our* option, *we* may authorize the purchase of the equipment in lieu of its rental if the rental price is projected to exceed the equipment purchase price, but only from a provider *we* authorize before the purchase. If the equipment is purchased, the *covered person* must return the equipment to *us* when it is no longer in use.

An agency that is approved to provide *home health care* to those receiving Medicare benefits will be deemed to be a *home health care agency*.

# Limitations:

See the Schedule of Benefits for benefit levels or additional limits for expenses related to home health aide services.

# Exclusion:

No benefits will be payable for charges related to *respite care, custodial care,* or educational care under the Home Health Care Service Expense Benefit.

# **Hospice Care Expense Benefits**

This provision only applies to a *terminally ill covered person* receiving *medically necessary* care under a *hospice care program*.

The list of *covered expenses* in the Miscellaneous Medical Expense Benefits provision is expanded to include the following *hospice* covered services:

- 1. Room and board in a *hospice* while the *covered person* is an *inpatient;*
- 2. Occupational therapy;
- 3. Speech-language therapy;
- 4. The rental of medical equipment while the *terminally ill covered person* is in a *hospice care program* to the extent that these items would have been covered under the *policy* if the *covered person* had been confined in a *hospital;*
- 5. Medical, palliative, and supportive care, and the procedures necessary for pain control and acute and chronic symptom management;
- 6. Counseling the *covered person* regarding his or her *terminal illness;*
- 7. Terminal illness counseling of members of the covered person's immediate family, and
- 8. Up to \$250 for *bereavement counseling*.

# **Exclusions And Limitations:**

Any exclusion or limitation contained in the *policy* regarding:

1. An *injury* or *illness* arising out of, or in the course of, employment for wage or profit;

- 2. Medical necessity of services or supplies, to the extent such services or supplies are provided as part of a *hospice care program;* or
- 3. Expenses for other persons, to the extent those expenses are described above, will not be applied to this provision.

Benefits for *hospice inpatient*, home and outpatient care are available to a *terminally ill covered person* for one continuous period up to 180 days in a *covered person's* lifetime.

## **Exclusions and Limitations:**

Any exclusion or limitation contained in the *contract* regarding:

- 1. An *injury* or *illness* arising out of, or in the course of, employment for wage or profit;
- 2. Medical necessity of services or supplies, to the extent such services or supplies are provided as part of a *hospice care program;* or
- 3. Expenses for other persons, to the extent those expenses are described above, will not be applied to this provision.

## **Respite Care Expense Benefits**

Respite care is covered on an inpatient or outpatient basis to allow temporary relief to family members from the duties of caring for a Covered Person under Hospice Care. Respite days that are applied toward the Deductible are considered benefits provided and shall apply against any Maximum Benefit limit for these services. See your Schedule of Benefits for lifetime limits.

## **Medical Foods**

We cover medical foods and formulas for outpatient total parenteral therapy; outpatient enteral therapy, outpatient elemental formulas for malabsorption; and dietary formula when *medically necessary* for the treatment of Phenylketonuria (PKU) and inborn errors of metabolism.

Exclusions: any other dietary formulas, oral nutritional supplements, special diets, prepared foods/meals, baby formula or food and formula for access problems.

## **Second Medical Opinion**

*Members* are entitled to a second medical opinion under the following conditions:

- 1. Whenever a minor surgical procedure is recommended to confirm the need for the procedure;
- 2. Whenever a serious injury or illness exists; or
- 3. Whenever *you* feel that *you* are not responding to the current treatment plan in a satisfactory manner.

If requested, the second opinion consultation is to be provided by a *physician* of the *member's* choice. The *member* may select a *network provider* listed in the Ambetter from Sunshine Health Provider Directory. If a *member* chooses a *network provider*, he or she will only be responsible for the applicable co-payment for the consultation. Any lab tests and/or diagnostic and therapeutic services are subject to the additional *co-payment*.

## Miscellaneous Medical Expense Benefits

1. Made by a *hospital* for:

- a. Daily room and board and nursing services, not to exceed the *hospital's* most common semi-private room rate; private room only if *medically necessary* or a semi-private room is not available.
- b. Daily room and board and nursing services while confined in an *intensive care unit*.
- c. *Inpatient* use of an operating, treatment, or recovery room.
- *d.* Outpatient use of an operating, treatment, or recovery room for *surgery*.
- *e.* Services and supplies, including drugs and medicines, which are routinely provided by the *hospital* to persons for use only while they are *inpatients*.
- f. *Emergency* treatment of an *injury* or *illness*, even if confinement is not required. See your Schedule of Benefits for limitations.
- 2. For *surgery* in a *physician's* office or at an *outpatient surgical facility*, including services and supplies.
- 3. Made by a *physician* for professional services, including *surgery*.
- 4. Made by an assistant surgeon. See your Schedule of Benefits for eligible limits.
- 5. For the professional services of a *medical practitioner*.
- 6. For dressings, crutches, orthopedic splints, braces, casts, or other *necessary medical supplies*.
- 7. For diagnostic testing using radiologic, ultrasonographic, or laboratory services (psychometric, behavioral and educational testing are not included).
- 8. For chemotherapy and radiation therapy or treatment.
- 9. For hemodialysis, and the charges by a *hospital* or dialysis center for processing and administration of blood or blood components.
- 10. For the cost and administration of an anesthetic.
- 11. For dental treatment in a hospital or ambulatory surgical center. Benefits are available for general anesthesia and hospitalization services in connection with necessary dental treatment or surgery, subject to prior authorization by *us*.
  - 1. A *member* under age eight (8) whose treating health care professional, in consultation with the dentist, determines the child has a significantly complex dental condition or a developmental disability in which patient management in the dental office has proved to be ineffective; or
  - 2. A *member* who has one (1) or more medical conditions that would create significant or undue medical risk for the individual in the course of delivery of any dental treatment or surgery if not rendered in a hospital or ambulatory surgical center.

Necessary dental treatment is that which, if left untreated, is likely to result in a medical condition. Use of general anesthesia in a hospital or ambulatory surgical center is subject to prior authorization by us. Please call Member Services to confirm *your* benefits for the use of general anesthesia in a hospital or ambulatory surgical center.

- 12. For oxygen and its administration.
- 13. For dental service expenses when a member suffers an injury, after the member's effective date of coverage, that results in:
  - a. Damage to his or her natural teeth; and
  - b. Expenses are incurred within six months of the accident or as part of a treatment plan that was prescribed by a *physician* and began within six months of the accident. *Injury* to the natural teeth will not include any injury as a result of chewing.
- 14. For *surgery*, excluding tooth extraction, to treat craniomandibular disorders, malocclusions, or disorders of the temporomandibular joint. See the Schedule of Benefits for benefit levels or additional limits.
- 15. For reconstructive breast surgery charges as a result of a partial or total mastectomy. Coverage includes surgery and reconstruction of the diseased and non-diseased breast and prosthetic

devices necessary to restore a symmetrical appearance and treatment in connection with other physical complications resulting from the mastectomy including lymphedemas. Coverage for outpatient post-surgical care is provided in the most medically appropriate setting which may include a hospital, treating *physician's* office, outpatient center or the *member's* home. Inpatient hospital treatment for mastectomy will not be limited to any period that is less than that recommended by the attending physician.

- 16. For *medically necessary chiropractic care* treatment on an outpatient basis only. See the Schedule of Benefits for benefit levels or additional limits. *Covered service expenses* are subject to all other terms and conditions of the *contract,* including *deductible amount* and *cost sharing percentage* provisions.
- 17. For a female *member*. *Covered service expenses* are permitted when a female *member* receives services from a *network provider* specializing in obstetrics and gynecology for obstetrical or gynecological care or if medically necessary follow-up care is detected at the visit without a referral from her *primary care physician*.
- 18. For the following types of tissue transplants:
  - a. Cornea transplants;
  - b. Artery or vein grafts;
  - c. Heart valve grafts;
  - d. Prosthetic tissue replacement, including joint replacements; and
  - e. Implantable prosthetic lenses, in connection with cataracts.
- 19. Family Planning for certain professional provider contraceptive services and supplies, including but not limited to sterilization and vasectomies, tubal ligation and insertion or extraction of FDA-approved contraceptive devices.
- 20. Cochlear implants and related services. Excludes hearing aids.
- 21. *Covered services* for *medically necessary* diagnosis and treatment of osteoporosis for high-risk *member*, including, but not limited to, estrogen-deficient *members* who are at clinical risk for osteoporosis, *members* who have vertebral abnormalities, individuals who are receiving long-term hyperparathyroidism and *members* who have a family history of osteoporosis.
- 22. Cleft lip and cleft palate for an *eligible child* under the age of 18. *Covered services* includes medical, dental, speech therapy, audiology, and nutrition services only if such services are prescribed by the treating *physician* or surgeon and such *physician* or surgeon certifies that such services are *medically necessary* and consequent to treatment of the cleft lip or cleft palate.
- 23. For Dermatology services which are limited to the following: *Medically necessary* minor surgery, tests, and office visits provided by a dermatologist who is a *network provider*. See the Schedule of Benefits for benefit levels or additional limits.
- 24. Mammograms as follows: (a) A baseline mammogram for any woman who is 35 to 40 years of age; (b) A mammogram every 2 years for any woman who is 40 to 50 years of age or older, or more frequently based on the patient's physician's recommendations; (c) A mammogram every year for any woman who is 50 years of age or older; (d) One or more mammograms a year, based upon a physician's recommendation for any woman who is at risk for breast cancer because of a personal or family history of breast cancer, because of having a history of biopsy-proven benign breast disease, because of having a mother, sister, or daughter who has had breast cancer, or because a woman has not given birth before the age of 30. This benefit is not subject to deductibles or copayments.

# **Diabetic Care**

For *medically necessary* services and supplies used in the treatment of diabetes. *Covered service expenses* include, but are not limited to, exams including podiatric exams; routine foot care such as trimming of nails and corns; laboratory and radiological diagnostic testing; self-management equipment, and supplies such as urine and/or ketone strips, blood glucose monitor supplies (glucose strips) for the device, and syringes or needles; orthotics and diabetic shoes; urinary protein/microalbumin and lipid profiles; educational health and nutritional counseling for self-management, eye examinations, and prescription medication.

# **Miscellaneous Outpatient Medical Services and Supplies Expense Benefits**

*Covered expenses* for miscellaneous outpatient medical services and supplies are limited to charges:

- 1. For artificial eyes or larynx, breast prosthesis, or basic artificial limbs but not the replacement thereof, unless required by a physical change in the *covered person* and the item cannot be modified. If more than one prosthetic device can meet a *covered person's* functional needs, only the charge for the most cost effective prosthetic device will be considered a *covered expense*;
- 2. For one pair of foot orthotics per *covered person*;
- 3. For *medically necessary* genetic blood tests;
- 4. For *medically necessary* immunizations to prevent respiratory syncytial virus (RSV);
- 5. For two mastectomy bras per year if the *covered person* has undergone a covered mastectomy;
- 6. For the purchase or rental of a medically necessary durable medical equipment;
- 7. For the rental of one Continuous Passive Motion (CPM) machine per *covered person* following a covered joint surgery;
- 8. For the cost of one wig per *covered person* necessitated by hair loss due to cancer treatments or traumatic burns. See the Schedule of Benefits for benefit levels or additional limits;
- 9. For one pair of eyeglasses or contact lenses per *covered person* following a covered cataract surgery. See the Schedule of Benefits for benefit levels or additional limits.

## **Outpatient Prescription Drug Expense Benefits**

*Covered expenses* in this benefit subsection are limited to charges from a licensed *pharmacy* for:

- 1. A prescription drug; and
- *2.* Any drug that, under the applicable state law, may be dispensed only upon the written prescription of a *physician*.

See the Formulary Schedule of Benefits for benefit levels or additional limits.

The appropriate drug choice for a *covered person* is a determination that is best made by the *covered person* and his or her *physician*.

## Non-Formulary Prescription Drugs:

Under Affordable Care Act, *you* have the right to request coverage of prescription drugs that are not listed on the plan formulary (otherwise known as "non-formulary drugs"). To exercise this right, please get in touch with *your* medical practitioner. *Your* medical practitioner can utilize the usual prior authorization request process. See "Prior Authorization" below for additional details.

# **Prescription Drug Exception Process**

## 1. <u>Standard exception request</u>

A *member*, a *member's* designee or a *member's* prescribing physician may request a standard review of a decision that a drug is not covered by the plan. The request can be made in writing or via telephone. Within 72 hours of the request being received, we will provide the *member*, the *member's* designee or the

*member's* prescribing physician with our coverage determination. Should the standard exception request be granted, *we* will provide coverage of the non-formulary drug for the duration of the prescription, including refills.

# 2. <u>Expedited exception request</u>

A *member*, a *member's* designee or a *member's* prescribing physician may request an expedited review based on exigent circumstances. Exigent circumstances exist when a *member* is suffering from a health condition that may seriously jeopardize the enrollee's life, health, or ability to regain maximum function or when an enrollee is undergoing a current course of treatment using a non-formulary drug. Within 24 hours of the request being received, *we* will provide the *member*, the *member's* designee or the *member's* prescribing physician with our coverage determination. Should the expedited exception request be granted, *we* will provide coverage of the non-formulary drug for the duration of the exigency.

# 3. External exception request review

If we deny a request for a standard exception or for an expedited exception, the member, the member's designee or the member's prescribing physician may request that the original exception request and subsequent denial of such request be reviewed by an independent review organization. We will make our determination on the external exception request and notify the member, the member's designee or the member's prescribing physician of our coverage determination no later than 72 hours following receipt of the request, if the original request was a standard exception, and no later than 24 hours following its receipt of the request, if the original request was an expedited exception.

If *we* grant an external exception review of a standard exception request, *we* will provide coverage of the non-formulary drug for the duration of the prescription. If *we* grant an external exception review of an expedited exception request, *we* will provide coverage of the non-formulary drug for the duration of the exigency.

# Notice And Proof Of Loss:

In order to obtain payment for *covered expenses* incurred at a *pharmacy* for *prescription orders*, a notice of claim and *proof of loss* must be submitted directly to *us*.

# Exclusions And Limitations:

No benefits will be paid under this benefit subsection for expenses incurred:

- 1. For *prescription drugs* for the treatment of erectile dysfunction or any enhancement of sexual performance unless listed on the formulary.
- 2. For immunization agents;
- 3. For medication that is to be taken by the *covered person,* in whole or in part, at the place where it is dispensed;
- 4. For medication received while the *covered person* is a patient at an institution that has a facility for dispensing pharmaceuticals;
- 5. For a refill dispensed more than 12 months from the date of a *physician's* order;
- 6. Due to a *covered person's* addiction to, or dependency on foods;
- 7. For more than the predetermined *managed drug limitations* assigned to certain drugs or classification of drugs;
- 8. For a *prescription order* that is available in over-the-counter form, or comprised of components that are available in over-the-counter form, and is therapeutically equivalent, except for over-the-counter products that are covered on the formulary;

- 9. For drugs labeled "Caution limited by federal law to investigational use" or for investigational or experimental drugs;
- 10. For a *prescription drug* that contains an active ingredient(s) that is/are:
  - a. Available in and therapeutically equivalent to another covered prescription drug; or
  - *b.* A modified version of and *therapeutically equivalent* to another covered *prescription drug*. Such determinations may be made up to six times during a calendar year, and *we* may decide at any time to reinstate benefits for a *prescription drug* that was previously excluded under this paragraph;
- 11. For more than a 34-day supply when dispensed in any one prescription or refill, a 90-day supply when dispensed by mail order;
- 12. For *prescription drugs* for any *covered person* who enrolls in Medicare Part D as of the date of his or her enrollment in Medicare Part D. *Prescription drug* coverage may not be reinstated at a later date.

## **Pediatric Oral Expense Benefits**

Covered expenses in this benefit subsection include the following for an *eligible child* under the age of 19 who is a *covered person*:

- 1. Diagnostic, preventive and restorative care;
- 2. Oral surgery and reconstruction;
- 3. Endodontic and periodontic care;
- 4. Crown and fixed bridge;
- 5. Removable prosthetics; and
- 6. Medically necessary orthodontia.

Visit limitations are as follows:

- 1. One diagnostic exam every six months, beginning before age one;
- 2. Bitewing x-rays once per year;
- 3. Panoramic x-rays once every three years;
- 4. Prophylaxis every six months beginning at age six months;
- 5. Fluoride three times in a twelve-month period for ages six and under; two times in a twelve-month period for ages seven and older; three times in a twelve-month period during orthodontic treatment; sealant once every three years for occlusal surfaces only; oral hygiene instruction two times in twelve months for ages eight and under if not billed on the same day as a prophylaxis treatment;
- 6. Every two years for the same restoration;
- 7. Frenulectomy or frenuloplasty covered for ages six and under without prior authorization;
- 8. Root canals on baby primary posterior teeth only; Root canals on permanent anterior, bicuspid and molar teeth, excluding teeth 1, 16, 17 and 32;
- 9. Periodontal scaling and root planing once per quadrant in a two-year period for ages 13 and older, with prior authorization;
- 10. Periodontal maintenance once per quadrant in a twelve-month period for ages 13 and older, with prior authorization;
- 11. Stainless steel crowns for permanent posterior teeth once every three years;
- 12. Metal/porcelain crowns and porcelain crowns on anterior teeth only, with prior authorization;
- 13. Space maintainers for missing primary molars A, B, I, J, K, L, S and T;
- 14. One resin based partial denture, replaced once within a three-year period;

- 15. One complete denture upper and lower, and one replacement denture per lifetime after at least five years from the seat date; and
- 16. Rebasing and relining of complete or partial dentures once in a three-year period, if performed at least six months from the seating date.

# Pediatric Vision Expense Benefits

*Covered expenses* in this benefit subsection include the following for an *eligible child* under the age of 19 who is a *covered person*:

- 1. Routine vision screening, including dilation and with refraction every calendar year, including dilation;
- 2. One pair of prescription lenses or contacts every calendar year, including polycarbonate lenses and scratch resistant coating;
- 3. One pair of frames very calendar year; and
- 4. Low vision optical devices including low vision services, and an aid allowance with follow-up care when pre-authorized.

*Covered expenses* do not include:

- 1. Visual therapy; or
- 2. Two pair of glasses as a substitute for bifocals.
- 3. Replacement of lost or stolen eyewear
- 4. Any vision services, treatment or material not specifically listed as a *covered service*; or
- 5. Out of network care except when pre-authorized.

# **Preventive Care Expense Benefits**

*Covered expenses* are expanded to include the charges incurred by a *covered person* for the following preventive health services if appropriate for that *covered person* in accordance with the following recommendations and guidelines:

- 1. Evidence based items or services that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force;
- 2. Immunizations that have in effect a recommendation from the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention with respect to an individual;
- 3. Evidence-informed preventive care and screenings for infants, children, and adolescents, in accordance with comprehensive guidelines supported by the Health Resources and Services Administration; and
- 4. Additional preventive care and screenings not included in (1) above, in accordance with comprehensive guidelines supported by the Health Resources and Services Administration for women.
- 5. Covers without cost sharing:
  - a. Screening for *tobacco use*; and
  - b. For those who *use tobacco* products, at least two (2) cessation attempts per year. For this purpose, covering a cessation attempt includes coverage for:
    - i. Four (4) tobacco cessation counseling sessions of at least ten (10) minutes each (including telephone counseling, group counseling and individual counseling) without prior authorization; and
    - ii. All Food and Drug Administration (FDA) approved tobacco cessation medications (including both prescription and over-the-counter medications) for a 90-day

treatment regimen when prescribed by a health care provider without prior authorization.

Benefits for preventive health services listed in this provision, except under the administration of reasonable medical management techniques discussed in the next paragraph, are exempt from any deductibles and coinsurance provisions under the *policy* when the services are provided by a *network* provider.

Benefits for *covered expenses* for preventive care expense benefits may include the use of reasonable medical management techniques authorized by federal law to promote the use of preventive services from *network providers*. Reasonable medical management techniques may result in the application of deductibles and coinsurance provisions to services when a *covered person* chooses not to use a high value service that is otherwise exempt from deductibles and coinsurance provisions when received from a network provider.

As new recommendations and guidelines are issued, those services will be considered *covered expenses* when required by the United States Secretary of Health and Human Services, but not earlier than one year after the recommendation or guideline is issued.

## **Child Health Supervision Services**

The following *covered service* is provided for an *eligible child* in accordance with the Florida Child Health Assurance Act which includes *covered services* from the moment of birth to age 16 years. A waiver of the deductible amount applies to all eligible expenses for Child Health Supervision Services.

Child Health Supervision Services means *physician*-delivered or *physician*-supervised services that include the services described in the Schedule of Benefits. These services do not include *hospital* charges.

Child Health Supervision Services include periodic visits, which shall include:

• History

- Anticipatory Guidance
- Physical Examination
- Appropriate Immunizations
- Developmental Assessment
- Laboratory Testing

These services and periodic visits will be provided in accordance with prevailing medical standards consistent with the Recommendations for Preventive Pediatric Health Care of the American Academy of Pediatrics.

*Eligible service expenses* for Child Health Supervision Services are limited to one visit payable to one provider for all the services provided at each visit.

## Newborns' And Mothers' Health Protection Act Statement Of Rights

If services provided or expenses incurred for *hospital* confinement in connection with childbirth are otherwise included as *covered Service expenses*, we will not limit the number of days for these expenses to less than that stated in the Maternity Care provision

## **Maternity Care**

Coverage for outpatient and inpatient pre- and post-partum care including exams, prenatal diagnosis of genetic disorder, laboratory and radiology diagnostic testing, health education, nutritional counseling, risk assessment, childbirth classes, services of nurse-midwives and midwives licensed according to Florida law, and the services of birth centers licensed according to Florida law, if such services are available within the service area, and hospital stays for delivery or other *medically necessary* reasons (less any applicable *copayments, deductible amounts,* or *cost sharing percentage*). Other maternity benefits include *complications of pregnancy,* parent education, assistance, and training in breast or bottle feeding and the performance of any necessary and appropriate clinical tests. Coverage will only be provided for maternity services and/or care of the newborn child when such services have been authorized by your participating health care provider.

Under federal law, health insurance issuers generally may not restrict benefits otherwise provided for any *hospital* length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery or less than 96 hours following a delivery by cesarean section. However, *we* may provide benefits for *covered service expenses* incurred for a shorter stay if the attending provider (e.g., *your* physician, nurse midwife or physician assistant), after consultation with the mother, discharges the mother or newborn earlier.

The level of benefits and out-of-pocket costs for any later part of the 48-hour (or 96-hour) stay will not be less favorable to the mother or newborn than any earlier part of the stay. *We* do not require that a physician or other health care provider obtain authorization for prescribing a length of stay of up to 48 hours (or 96 hours).

**Note:** This provision does not amend the *contract* to restrict any terms, limits, or conditions that may otherwise apply to *covered service expenses* for childbirth.

## **Clinical Trial Coverage**

Clinical Trial Coverage includes routine patient care costs incurred as the result of an approved phase I, II, III or phase IV clinical trial and the clinical trial is undertaken for the purposes of prevention, early detection, or treatment of cancer or other life-threatening disease or condition. Coverage will include routine patient care costs incurred for (1) drugs and devices that have been approved for sale by the Food and Drug Administration (FDA), regardless of whether approved by the FDA for use in treating the patient's particular condition, (2) reasonable and *medically necessary* services needed to administer the drug or use the device under evaluation in the clinical trial and (3) all items and services that are otherwise generally available to a qualified individual that are provided in the clinical trial except:

- The investigational item or service itself;
- Items and services provided solely to satisfy data collection and analysis needs and that are not used in the direct clinical management of the patient; and
- Items and services customarily provided by the research sponsors free of charge for any enrollee in the trial.

Phase I and II clinical trials must meet the following requirements:

- Phase I and II of a clinical trial is sanctioned by the National Institutes of Health (NIH) or National Cancer Institute (NCI) and conducted at academic or National Cancer Institute Center; and
- The insured is enrolled in the clinical trial. This section shall not apply to insureds who are only following the protocol of phase I or II of a clinical trial, but not actually enrolled.

Phase III and IV clinical trials must be approved or funded by one of the following entities:

- One of the National Institutes of Health (NIH);
- The Centers for Disease Control and Prevention;
- The Agency for Health Care Research and Quality;
- The Centers for Medicare & Medicaid Services;
- An NIH Cooperative Group or Center;
- The FDA in the form of an investigational new drug application;
- The federal Departments of Veterans' Affairs, Defense, or Energy;
- An institutional review board in this state that has an appropriate assurance approved by the Department of Health and Human Services assuring compliance with and implementation of regulations for the protection of human subjects; or
- A qualified non-governmental research entity that meets the criteria for NIH Center support grant eligibility.

In a clinical trial, the treating facility and personnel must have the expertise and training to provide the treatment and treat a sufficient volume of patients. There must be equal to or superior, noninvestigational treatment alternatives and the available clinical or preclinical data must provide a reasonable expectation that the treatment will be superior to the noninvestigational alternatives.

Providers participating in clinical trials shall obtain a patient's informed consent for participation in the clinical trial in a manner that is consistent with current legal and ethical standards.

## **Transplant Service Expense Benefits**

Covered expenses for transplant expenses:

If *we* determine that a *covered person* is an appropriate candidate for a *listed transplant,* Medical Benefits *covered expenses* will be provided for:

- 1. Pre-transplant evaluation;
- 2. Pre-transplant harvesting;
- 3. Pre-transplant stabilization, meaning an *inpatient* stay to medically stabilize a *covered person* to prepare for a later transplant, whether or not the transplant occurs;
- 4. High dose chemotherapy;
- 5. Peripheral stem cell collection;
- 6. The transplant itself, not including the acquisition cost for the organ or bone marrow except at a *Center of Excellence* and
- 7. Post transplant follow-up.

## Transplant Donor Expenses:

*We* will cover the medical expenses incurred by a live donor as if they were medical expenses of the *covered person* if:

1. They would otherwise be considered *covered expenses* under the *policy*;

- 2. The *covered person* received an organ or bone marrow of the live donor; and
- 3. The transplant was a *listed transplant*.

Ancillary "Center Of Excellence" Benefits:

A *covered person* may obtain services in connection with a *listed transplant* from any *physician*. However, if a *listed transplant* is performed in a *Center of Excellence:* 

- 1. *Covered expenses* for the *listed transplant* will include the acquisition cost of the organ or bone marrow; and
- 2. *We* will pay a maximum of \$10,000 per lifetime for the following services:
  - *a.* Transportation for the *covered person*, any live donor, and the *immediate family* to accompany the *covered person* to and from the *Center of Excellence*.
  - *b.* Lodging at or near the *Center of Excellence* for any live donor and the *immediate family* accompanying the *covered person* while the *covered person* is confined in the *Center of Excellence. We* will pay the costs directly for transportation and lodging, however, *you* must make the arrangements.

#### Exclusions:

No benefits will be paid under these Transplant Expense Benefits for charges:

- 1. For search and testing in order to locate a suitable donor;
- 2. For a prophylactic bone marrow harvest or peripheral blood stem cell collection when no *listed transplant* occurs;
- 3. For animal to human transplants;
- 4. For artificial or mechanical devices designed to replace a human organ temporarily or permanently;
- 5. For procurement or transportation of the organ or tissue, unless expressly provided for in this provision;
- 6. To keep a donor alive for the transplant operation;
- 7. For a live donor where the live donor is receiving a transplanted organ to replace the donated organ;
- 8. Related to transplants not included under this provision as a *listed transplant; and*
- 9. For a *listed transplant* under study in an ongoing phase I or II clinical trial as set forth in the United States Food and Drug Administration (*USFDA*) regulation, regardless of whether the trial is subject to *USFDA* oversight. Note: This exclusion does not apply to bone marrow transplants.

## Limitations on Transplant Expenses Benefits:

In addition to the exclusions and limitations specified elsewhere in this section:

- 1. *Covered expenses* for *listed transplants* will be limited to two transplants during any 10- year period for each *covered person* with the exception of Bone Marrow Transplants which will be covered when *medically necessary*;
- 2. Bone marrow transplant coverage for the reasonable costs of searching for a donor will be limited to a search among family members and donors identified through the National Bone Marrow Donor Program.
- 3. If a designated *Center of Excellence* is not used, *covered expenses* for a *listed transplant* will be limited to a maximum for all expenses associated with the transplant. See the Schedule of Benefits for benefit levels or additional limits; and
- 4. If a designated *Center of Excellence* is not used, the acquisition cost for the organ or bone marrow is not covered.

## **Wellness Program Benefits**

Benefits may be available from time to time to *members* for participating in certain wellness programs that *we* may make available in connection with this *contract*. The benefits available to *members* for participating in the wellness programs are described on the Schedule of Benefits. You may obtain information regarding the particular wellness programs available at any given time by visiting *our* website at Ambetter.SunshineHealth.com or by contacting Member Services by telephone at 1- 877-687-1169. The wellness programs and benefits available at any given time are made part of this *contract* by this reference and are subject to change from time to time by *us* through an update to wellness program information available on *our* website or by contacting *us*.

# PRIOR AUTHORIZATION

#### **Prior Authorization Required**

Some *covered expenses* require prior authorization. In general, *network providers* must obtain authorization from *us* prior to providing a service or supply to a *covered person*. However, there are some *network eligible expenses* for which *you* must obtain the prior authorization.

For services or supplies that require prior authorization, as shown on the Schedule of Benefits, *you* must obtain authorization from *us* before the *covered person:* 

- 1. Receives a service or supply from a *non-network provider;*
- 2. Is admitted into a *network* facility by a *non-network provider;* or
- 3. Receives a service or supply from a *network provider* to which the *covered person* was referred by a *non-network provider*.

Prior Authorization requests must be received by phone/efax/Provider portal as follows:

- 1. At least 5 days prior to an elective admission as an inpatient in a Hospital, extended care or Rehabilitation facility, or Hospice facility.
- 2. At least 30 days prior to the initial evaluation for organ transplant services.
- 3. At least 30 days prior to receiving clinical trial services.
- 4. At least 5 days prior to a scheduled inpatient behavioral health or Substance Abuse treatment admission.
- 5. At least 5 days prior to the start of Home Health Care.

After prior authorization has been requested and all required or applicable documentation has been submitted, *we* will notify *you* and *your* provider if the request has been approved as follows:

- 1. For immediate request situations, within 1 business day, when the lack of treatment may result in an emergency room visit or emergency admission.
- 2. For urgent concurrent review within 24 hours of receipt of the request.
- 3. For urgent pre-service, within 72 hours from date of receipt of request.
- 4. For non-urgent pre-service requests within 5 days but no longer than 15 days of receipt of the request.
- 5. For post-service requests, with in 30 calendar days of receipt of the request.

## How To Obtain Prior Authorization

To obtain prior authorization or to confirm that a *network provider* has obtained prior authorization, contact *us* by telephone at the telephone number listed on *your* health insurance identification card before the service or supply is provided to the *covered person*.

#### Failure To Obtain Prior Authorization

Failure to comply with the prior authorization requirements will result in benefits being reduced. Please see the *policy* Schedule of Benefits for specific details.

*Network providers* cannot bill *you* for services for which they fail to obtain prior authorization as required.

Benefits will not be reduced for failure to comply with prior authorization requirements prior to an *emergency*. However, *you* must contact *us* as soon as reasonably possible after the *emergency* occurs.

## **Prior Authorization Does Not Guarantee Benefits**

*Our* authorization does not guarantee either payment of benefits or the amount of benefits. Eligibility for, and payment of, benefits are subject to all terms and conditions of the *policy*.

#### **Requests For Predeterminations**

*You* may request a predetermination of coverage. *We* will provide one if circumstances allow *us* to do so. However, *we* are not required to make a predetermination of either coverage or benefits for any particular treatment or medical expense. Any predetermination *we* may make will be reviewed after the medical expense is incurred and a claim is filed. A review that shows one or more of the following may cause *us* to reverse the predetermination:

- 1. The predetermination was based on incomplete or inaccurate information initially received by *us;*
- 2. The medical expense has already been paid by someone else; and
- 3. Another party is responsible for payment of the medical expense.

*We* will make all benefit determinations after a *loss* in good faith. All benefit determinations are subject to *our* receipt of proper *proof of loss.* 

#### Services from Non- Network Providers

Except for emergency medical services and nonparticipating facility-based physician and provider, unless Covered Services are not available from Network Providers within a reasonable proximity such services will not be covered. If required Medically Necessary services are not available from Network Providers *you* or the Network Provider must request Prior Authorization from *us* before *you* may receive services from Non-Network Providers. Otherwise *you* will be responsible for all charges incurred.

Florida law requires that *we* provide you with the following disclosure about *your* health benefit plan coverage. ""WARNING: LIMITED BENEFITS WILL BE PAID WHEN NONPARTICIPATING PROVIDERS ARE USED. You should be aware that when you elect to utilize the services of a nonparticipating provider for a covered nonemergency service, benefit payments to the provider are not based upon the amount the provider charges. The basis of the payment will be determined according to your policy's out-of-network reimbursement benefit. Nonparticipating providers may bill insureds for any difference in the amount. YOU MAY BE REQUIRED TO PAY MORE THAN THE COINSURANCE OR COPAYMENT AMOUNT. Participating providers have agreed to accept discounted payments for services with no additional billing to you other than coinsurance, copayment, and deductible amounts. You may obtain further information about the providers who have contracted with your insurance plan by consulting your insurer's website or contacting your insurer or agent directly."

#### **Hospital Based Providers**

When receiving care at an Ambetter participating hospital it is possible that some hospital-based providers (for example, anesthesiologists, radiologists, pathologists) may not be under contract with Ambetter as participating providers. These providers may not bill *you* for the difference between Ambetter's allowed amount and the providers billed charge. This practice is known as "balance billing". However, *we* encourage *you* to inquire about the providers who will be treating *you* before *you* begin *your* treatment, so *you* can understand their participation status with Ambetter.

# GENERAL LIMITATIONS AND EXCLUSIONS

No benefits will be paid for:

- 1. Any service or supply that would be provided without cost to *you* or *your* covered *dependent* in the absence of insurance covering the charge;
- 2. Expenses/surcharges imposed on *you* or *your* covered *dependent* by a provider, including a *hospital*, but that are actually the responsibility of the provider to pay;
- 3. Any services performed for a member by a covered person's immediate family; and
- 4. Any services not identified and included as *covered expenses* under the *policy*. *You* will be fully responsible for payment for any services that are not *covered expenses*.
- 5. Court ordered care unless *medically necessary* and a covered service expense.

Even if not specifically excluded by this *policy*, no benefit will be paid for a service or supply unless it is:

- 1. Administered or ordered by a *physician;* and
- 2. *Medically necessary* to the diagnosis or treatment of an *injury* or *illness*, or covered under the Preventive Care Expense Benefits provision.

*Covered expenses* will not include, and no benefits will be paid for any charges that are incurred:

- 1. For services or supplies that are provided prior to the *effective date* or after the termination date of this *policy*, except as expressly provided for under the Benefits After Coverage Terminates clause in this *policy's* Termination section;
- 2. For any portion of the charges that are in excess of the *eligible expense;*
- 3. For weight modification, or for surgical treatment of obesity, including wiring of the teeth and all forms of intestinal bypass *surgery*;
- 4. For breast reduction or augmentation;
- 5. For reversal of sterilization and vasectomies;
- 6. For abortion unless the life of the mother would be endangered if the fetus were carried to term.
- 7. For expenses for television, telephone, or expenses for other persons;
- 8. For marriage, family, or child counseling for the treatment of premarital, marriage, family, or child relationship dysfunctions;
- 9. For telephone consultations or for failure to keep a scheduled appointment;
- 10. For stand-by availability of a *medical practitioner* when no treatment is rendered;
- 11. For *dental expenses,* including braces for any medical or dental condition, *surgery* and treatment for oral *surgery*, except as expressly provided for under Medical Benefits;
- 12. For *cosmetic treatment*, except for *reconstructive surgery* that is incidental to or follows *surgery* or an *injury* that was covered under the *policy* or is performed to correct a birth defect in a child who has been a *covered person* from its birth until the date *surgery* is performed;
- 13. For diagnosis or treatment of learning disabilities.
- 14. For charges related to, or in preparation for, tissue or organ transplants, except as expressly provided for under the Transplant Expense Benefits;
- 15. For high dose chemotherapy prior to, in conjunction with, or supported by *ABMT/BMT*, except as specifically provided under the Transplant Expense Benefits;
- 16. For eye refractive *surgery*, when the primary purpose is to correct nearsightedness, farsightedness, or astigmatism;
- 17. While confined primarily to receive *rehabilitation, custodial care,* educational care, or nursing services unless expressly provided for by the *policy*;

- 18. For vocational or recreational therapy, vocational *rehabilitation*, outpatient speech therapy, or occupational therapy, except as expressly provided for in this *policy*;
- 19. For alternative or complementary medicine using non-orthodox therapeutic practices that do not follow conventional medicine;
- 20. For eyeglasses, contact lenses, hearing aids, eye refraction, visual therapy, or for any examination or fitting related to these devices, except as specifically provided under the *policy*;
- 21. For *experimental or investigational treatment(s)* or *unproven services*. The fact that an *experimental or investigational treatment* or *unproven service* is the only available treatment for a particular condition will not result in benefits if the procedure is considered to be an *experimental or investigational treatment* or *unproven service* for the treatment of that particular condition;
- 22. For treatment received outside the United States, except for a medical *emergency* while traveling for up to a maximum of 90 consecutive days. If travel extends beyond 90 consecutive days, no coverage is provided for medical *emergencies* for the entire period of travel including the first 90 days;
- 23. As a result of an *injury* or *illness* arising out of, or in the course of, employment for wage or profit, if the *covered person* is insured, or is required to be insured, by workers' compensation insurance pursuant to applicable state or federal law. If *you* enter into a settlement that waives a *covered person's* right to recover future medical benefits under a workers' compensation law or insurance plan, this exclusion will still apply. In the event that the workers' compensation insurance carrier denies coverage for a *covered person's* workers' compensation claim, this exclusion will still apply unless that denial is appealed to the proper governmental agency and the denial is upheld by that agency;
- 24. As a result of:
  - a. Intentionally self-inflicted bodily harm whether the *covered person* is sane or insane;
  - b. An *injury* or *illness* caused by any act of declared or undeclared war;
  - c. The *covered person* taking part in a riot; or
  - d. The *covered person's* commission of a felony, whether or not charged;
- 25. For any *illness* or *injury* incurred as a result of the *covered person* being intoxicated, as defined by applicable state law in the state in which the *loss* occurred, or under the influence of illegal narcotics or controlled substance unless administered or prescribed by a *physician*;
- 26. For or related to surrogate parenting;
- 27. For or related to treatment of hyperhidrosis (excessive sweating);
- 28. For fetal reduction surgery;
- 29. Except as specifically identified as a *covered expense* under the *policy*, expenses for alternative treatments, including acupressure, acupuncture, aroma therapy, hypnotism, massage therapy, rolfing, and other forms of alternative treatment as defined by the Office of Alternative Medicine of the National Institutes of Health;
- 30. As a result of any *injury* sustained during or due to participating, instructing, demonstrating, guiding, or accompanying others in any of the following: operating or riding on a motorcycle; professional or semi-professional sports; intercollegiate sports not including intramural sports; parachute jumping; hang-gliding; racing or speed testing any motorized vehicle or conveyance; racing or speed testing any non-motorized vehicle or conveyance, if the *covered person* is paid to participate or to instruct; scuba/skin diving when diving 60 or more feet in depth; skydiving; bungee jumping; rodeo sports; horseback riding, if the *covered person* is paid to participate or to instruct; or skiing, if the *covered person* is paid to participate or to instruct; or skiing, if the *covered person* is paid to participate or to instruct; or

- 31. As a result of any *injury* sustained while operating, riding in, or descending from any type of aircraft if the *covered person* is a pilot, officer, or member of the crew of such aircraft or is giving or receiving any kind of training or instructions or otherwise has any duties that require him or her to be aboard the aircraft;
- 32. For prescription drugs for any *covered person* who enrolls in Medicare Part D as of the date of his or her enrollment in Medicare Part D. Prescription drug coverage may not be reinstated at a later date; and
- 33. For the following miscellaneous items: artificial Insemination except where required by federal or state law; biofeedback; care or complications resulting from non-*covered expenses*; chelating agents; domiciliary care; food and food supplements; routine foot care, foot orthotics or corrective shoes; health club memberships, unless otherwise covered; home test kits; care or services provided to a non-*member* biological parent; nutrition or dietary supplements; pre-marital lab work; processing fees; private duty nursing; rehabilitation services for the enhancement of job, athletic or recreational performance; routine or elective care outside the service area; sclerotherapy for varicose veins; treatment of spider veins; smoking cessation drugs, programs or services, except where required by federal or state law; transportation expenses, unless specifically described in this *policy*; incontinence supplies, expenses related to home or vehicle modification; convenience items;
- 34. For *illness* or *injury* caused by the acts or omissions of a *third party, we* will not cover a loss to the extent that it is paid as part of a settlement or judgment by any *third party*.

## Limitation on Benefits For Services Provided By Medicare Opt-Out Practitioners

Benefits for *covered expenses* incurred by a Medicare-eligible individual for services and supplies provided by a *Medicare opt-out practitioner* will be determined as if the services and supplies had been provided by a *Medicare participating practitioner*. Benefits will be determined as if Medicare had, in fact, paid the benefits it would have paid if the services and supplies had been provided by a *Medicare participating practitioner*.

# **Plan Administration**

In consideration of the payment of premium by the *member*, *we* will provide coverage for the *member* and their *eligible dependents*. In doing so, *we* may enter into agreements with providers of health care and such other individuals and entities as may be necessary to enable *us* to fulfill *our* obligations under this *contract*.

*We* agree to provide coverage without discrimination because of race, color, national origin, disability, sex, gender identity, sexual orientation, religion, or any other basis prohibited by law.

#### **Commencement of Coverage**

Commencing on the *contract effective date we* agree to provide the coverage stipulated in this *contract* to the *member* and his/her *dependents*, if any. Such coverage begins on the *member's* effective date, which will be the first of the month after the receipt and approval of the application by *us*, unless this *contract* specifies a date other than the first of the month. *We* accept no liability for benefits related to expenses incurred prior to *your* effective date or after *your* termination date, which will be on the last day of the coverage month, except or as specified in the Terms of Renewal provision.

#### Plan Renewal

This *contract* is guaranteed renewable. Coverage under this *contract* is for an initial term of twelve (12) months commencing as of the *effective date* of the *member's* coverage and will automatically renew for successive terms of twelve (12) months unless terminated or non-renewed as provided for in this *contract*. Rate changes are effective on a *member's* annual renewal date and will be based on each *member's* attained age, family structure, geographic region, tobacco usage and benefit plan at the time of renewal. We will notify the *member* in writing at least thirty (30) days prior to the renewal date of any change in premium rates.

For *members* who have elected the electronic funds transfer option of payment, should premiums change at renewal, *we* will continue to draft the new monthly premium.

#### **Term of Renewal**

We guarantee the *member* the right to renew the contract each year, at the *member's* option. However, *we* may refuse to renew this contract, and all coverage provided under this contract, if one of the following circumstances has occurred:

- 1. Failure to timely pay premium in accordance with the terms of the contract;
- 2. *We* cease offering this contract to all *members*;
- 3. The *member* has performed an act or practice that constitutes fraud or made an intentional misrepresentation of material fact under the terms of this contract;
- 4. The *member* no longer lives in *our* geographic service area;
- 5. We elect to discontinue all individual health coverage in the State of Florida; and
- 6. *We* elect to discontinue offering individual health coverage through the Health Insurance Marketplace.

With the exception of non-payment of premium or loss of eligibility, if *we* decides to terminate or nonrenew this contract for any of the reasons set forth in this contract, *we* will give the *member* at least fortyfive (45) days advance written notice prior to renewal. If *we* discontinue offering all individual coverage in Florida, *we* will give all *members* and the Office of Insurance Regulation 180 day's written notice prior to the contract non- renewal date.

## Termination of This Contract by the Member

The *member* may terminate this contract at any time with appropriate notice to *us*. Coverage will terminate on the date that *we* receive a request from *you* to terminate this contract, or any later date stated in *your* request. No benefits will be provided as of the effective date of termination of this contract for whatever reason.

Should the *member* and/or any covered dependents terminate coverage because of eligibility for Medicaid, Children's Health Insurance Program (CHIP) or a Basic Health Plan, the termination effective date will be the day before the effective date of the new coverage.

## Discontinuance of a Benefit Plan

*We* may discontinue offering a particular benefit plan to all *members* if:

- 1. *We* provide at least ninety (90) days notice to each *member* prior to the contract renewal date; and
- 2. *We* offer each *member* the option to purchase any other coverage offered in the individual Health Maintenance Organization (HMO) market, and
- 3. We act uniformly without regard to any health status-related factor of each *member*.

#### Discontinuance of All Coverage in the Individual Market

We may discontinue offering all coverage in Florida if:

- 1. *We* provide notice to the Office of Insurance Regulation and each *member* and enrollee 180 days prior to renewal; and
- 2. All health coverage issued or delivered for issuance in Florida is discontinued and coverage under such health coverage is not renewed.

## Termination of this Plan by Us

Except for nonpayment of premium or termination of eligibility, *we* may not cancel or terminate or non-renew this *contract* without giving the *member* at least forty-five (45) days written notice. The written notice will state the reason or reasons for the cancellation, termination or non-renewal.

*We* may terminate this *contract* as of any premium due date if the *member* has not paid the required premium by the end of the Grace Period, as defined in the Grace Period provision. The *member* is liable to *us* for any unpaid premium for the time the Plan was in force.

Upon termination of coverage, *we* will have no further liability for the payment of any covered services provided after the date of the *member's* termination.

#### Plan Termination Due to Non-Payment of Premium

If the *member* is receiving premium subsidies, the following provision applies:

• If the required monthly premium is not received by the end of the ninety (90) day Grace Period, we will terminate coverage effective at midnight on the last day of the first month of the three (3) month grace period.

If the *member* is not receiving premium subsidies, the following provision applies:

• If the required monthly premium is not received by the end of the ten (10) day grace period, *we* will terminate this *contract*, without prior notification, retroactive to the last date for which premium was received, subject to the Grace Period provision. Termination will be effective as of midnight of the date that the premium was due provided *we* mail written notice of termination to the *member* prior to forty-five (45) days after the date the premium was due.

## **Termination of Coverage**

We may terminate coverage for any of the following reasons:

- 1. Nonpayment of premiums provided that the grace period has elapsed.
- 2. Coverage is rescinded.
- 3. The date *we* receive a request from *you* to terminate this *contract*, or any later date stated in *your* request.
- 4. The date *we* decline to renew this *contract*, as stated in the Discontinuance provision.
- 5. The date of *your* death, if this *contract* is an Individual Plan.
- 6. The date that a *member* accepts any direct or indirect contribution or reimbursement (through wage adjustment or otherwise), by or on behalf of an employer for any portion of the premium for coverage under this *contract*, or the date a *member's* employer and a *member* treat this *contract* as part of an employer-provided health plan for any purpose, including tax purposes.
- 7. The date a *member's* eligibility for coverage under this *contract* ceases due to any of the reasons stated in the Ongoing Eligibility section in this *contract*.
- 8. The date a *covered person's* eligibility for insurance under this *policy* ceases due to losing network access as the result of a permanent move.

#### **Terms of Renewal**

*We* guarantee the *member* the right to renew the contract each year, at the *member's* option. However, *we* may refuse to renew this contract, and all coverage provided under this contract, if one of the following circumstances has occurred:

- 1. The member fails to timely pay premium in accordance with the terms of the Plan;
- 2. We cease offering this contract to all members;
- 3. The member has performed an act or practice that constitutes fraud or made an intentional misrepresentation of material fact under the terms of this Plan;
- 4. The member no longer lives or works in our geographic Service Area; and
- 5. We elect to discontinue all individual health coverage in the State of Florida.

With the exception of non-payment of premium or loss of eligibility, if *we* decide to terminate or non-renew this contract for any of the reasons set forth in this contract, *we* will give the *member* at least forty-five (45) days advance written notice.

#### Discontinuance

<u>90-Day Notice</u>: If *we* discontinue offering and refuse to renew all contracts issued on this form, with the same type and level of benefits, for all residents of the state where *you* reside, *we* will provide a written notice to *you and all enrollees* at least 90 days prior to the date that *we* discontinue coverage. *You* will be offered an option to purchase any other coverage in the individual market *we* offer in *your* state at the time of discontinuance of this *contract*. This option to purchase other coverage will be on a guaranteed issue basis without regard to health status.

<u>180-Day Notice</u>: If *we* discontinue offering and refuse to renew all individual contracts in the individual market in the state where *you* reside, *we* will provide a written notice to *you*, all enrollees, and the Commissioner of Insurance at least 180 days prior to the date that *we* stop offering and terminate all existing individual contracts in the individual market in the state where *you* reside.

## **Notification Requirements**

It is the responsibility of *you* or *your* former *dependent member* to notify *us* within 31 days of *your* legal divorce or *your dependent member's* marriage.

#### **Benefits After Coverage Terminates**

If a *network provider* terminates his or her contract with Ambetter from Sunshine Health or is terminated by *us* for any reason other than for cause, a *member* receiving active treatment may continue coverage and care with that *network provider* when *medically necessary* and through completion of treatment of a condition for which the *member* was receiving care at the time of the termination until:

- 1. The *member* selects another treating provider or during the next open enrollment period, whichever is longer, but not longer than ninety (90) days (or additional if approved by Ambetter from Sunshine Health) after termination of the provider's contracts.
- 2. The *member* who is pregnant and who has initiated a course of prenatal care regardless of the trimester in which care was initiated, completes postpartum care.

A *network provider* may refuse to continue to provide care to a *member* who is abusive, non-compliant, or in arrears in payment for services provided.

Benefits for *covered service expenses* incurred after a *member* ceases to be covered are provided for certain *illnesses* and *injuries.* However, no benefits are provided if this *contract* is terminated because of:

- 1. A request by *you*;
- 2. Fraud or material misrepresentation on your part; or
- 3. *Your* failure to pay premiums.

The *illness* or *injury* must cause a *period of extended loss*, as defined below. The *period of extended loss* must begin before coverage of the *member* ceases under this *contract*. No benefits are provided for *covered service expenses* incurred after the *period of extended loss* ends.

In addition to the above, if this *contract* is terminated because *we* refuse to renew all contracts issued on this form, with the same type and level of benefits, to residents of the state where *you* live, termination of this *contract* will not prejudice a claim for a *continuous loss* that begins before coverage of the *member* ceases under this *contract*. In this event, benefits will be extended for that *illness* or *injury* causing the *continuous loss*, but not beyond the earlier of:

- 1. The date the *continuous loss* ends; or
- 2. 12 months after the date renewal is declined.

# Subrogation and Right of REIMBURSEMENT

Celtic retains the right to repayment of the full cost of all benefits provided by this plan on behalf of the *member* that are associated with the Third Party injuries. Celtic's rights of recovery apply to any recoveries made by or on behalf of the *member* from any sources, including but not limited to:

- Payments made by a Third Party or any insurance company on behalf of the Third Party;
- Any payments or awards under an uninsured or underinsured motorist coverage policy;
- Any Workers' Compensation or disability award or settlement;
- Medical payments coverage under any automobile policy, premises or homeowners medical payments coverage or premises or homeowners insurance coverage; and
- Any other payments from a source intended to compensate a *member* for Third Party injuries.

By accepting benefits under this plan, the *member* specifically acknowledges Celtic's right of subrogation. When this plan provides health care benefits for expenses incurred due to Third Party injuries, Celtic shall be subrogated to the *member's* rights of recovery against any party to the extent of the full cost of all benefits provided by this plan. Celtic may proceed against any party with or without the *member's* consent.

By accepting benefits under this plan, the *member* also specifically acknowledges Celtic's right or reimbursement. This right of reimbursement attaches when this Plan has provided health care benefits for expenses incurred due to Third Party injuries and the member or the *member's* representative has recovered any amounts from any source. Celtic's right of reimbursement is cumulative with and not exclusive of Celtics subrogation right and Celtic may choose to exercise either or both rights of recovery.

As a condition for *our* payment, the *covered person* or anyone acting on his or her behalf including, but not limited to, the guardian, legal representatives, estate, or heirs agrees:

- 1. To fully cooperate with *us* in order to obtain information about the *loss* and its cause;
- 2. To immediately inform *us* in writing of any claim made or lawsuit filed on behalf of a *covered person* in connection with the *loss*;
- 3. To include the amount of benefits paid by *us* on behalf of a *covered person* in any claim made against any *third party*;
- 4. To give Celtic a first-priority lien on any recovery, settlement or judgment or other sources of compensation which may be had from any party to the extent of the full cost of all benefits associated with Third Party injuries provided by this Plan (regardless of whether specifically set forth in the recovery, settlement, judgment or compensation agreement);
- 5. To pay, as the first priority, from any recovery, settlement, judgment, or other source of compensation, any and all amounts due Celtic as reimbursement for the full cost of all benefits associated with Third Party injuries provided by this Plan (regardless of whether specifically set forth in the recovery, settlement, judgment, or compensation agreement, and regardless of whether such payment will result in a recovery to the *member* which is insufficient to make the *member* whole or to compensate the member in part or in whole for the damages sustained).
- 6. That we:
  - a. Will have a lien on all money received by a *covered person* in connection with the *loss* equal to the amount *we* have paid;
  - b. May give notice of that lien to any *third party* or *third party's* agent or representative;
  - c. Will have the right to intervene in any suit or legal action to protect *our* rights;
  - d. Are subrogated to all of the rights of the *covered person* against any *third party* to the extent of the benefits paid on the *covered person's* behalf; and
  - e. May assert that subrogation right independently of the *covered person*;
- 7. To take no action that prejudices *our* reimbursement and subrogation rights;

- 8. To sign, date, and deliver to *us* any documents *we* request that protect *our* reimbursement and subrogation rights;
- 9. To not settle any claim or lawsuit against a *third party* without providing *us* with written notice of the intent to do so;
- 10. To reimburse *us* from any money received from any *third party*, to the extent of benefits *we* paid for the *illness* or *injury*, whether obtained by settlement, judgment, or otherwise, and whether or not the *third party's* payment is expressly designated as a payment for medical expenses; and
- 11. That *we* may reduce other benefits under the *policy* by the amounts a *covered person* has agreed to reimburse *us*.

*We* have a right to be reimbursed in full regardless of whether or not the *covered person* is fully compensated by any recovery received from any *third party* by settlement, judgment, or otherwise.

*We* will not pay attorney fees or costs associated with the *member's* claim or lawsuit. In the event *you* or *your* representative fail to cooperate with Celtic, *you* shall be responsible for all benefits paid by this plan in addition to costs and attorney's fees incurred by Celtic in obtaining repayment.

If a dispute arises as to the amount a *covered person* must reimburse *us*, the *covered person* or the guardian, legal representatives, estate, or heirs of the *covered person* agrees to place sufficient funds in an escrow or trust account to satisfy the maximum lien amount asserted by *us* until the dispute is resolved.

## CLAIMS

#### **Notice Of Claim**

When a non-participating provider renders services, notice of a claim for benefits must be given to *us*. The notice must be in writing, and any claim will be based on that written notice. The notice must be received by *us* within 20 days after the date of the injury or the first treatment date for the sickness on which the claim is based. If this required notice is not given in time, the claim may be reduced or invalidated. If it can be shown that it was not reasonably possible to submit the notice within the 20 day period and that notice was given as soon as possible, the claim will not be reduced or invalidated.

#### **Proof Of Loss**

*You* or *your* covered *dependent* must give *us* written *proof of loss* within 90 days of the *loss* or as soon as is reasonably possible. *Proof of loss* furnished more than one year late will not be accepted, unless *you* or *your* covered *dependent had no legal capacity in that year.* 

### **Cooperation Provision**

Each *covered person*, or other person acting on his or her behalf, must cooperate fully with *us* to assist *us* in determining *our* rights and obligations under the *policy* and, as often as may be reasonably necessary:

- 1. Sign, date and deliver to *us* authorizations to obtain any medical or other information, records or documents *we* deem relevant from any person or entity;
- 2. Obtain and furnish to *us*, or *our* representatives, any medical or other information, records or documents *we* deem relevant;
- 3. Answer, under oath or otherwise, any questions *we* deem relevant, which *we* or *our* representatives may ask; and
- 4. Furnish any other information, aid or assistance that *we* may require, including without limitation, assistance in communicating with any person or entity including requesting any person or entity to promptly provide to *us*, or *our* representative, any information, records or documents requested by *us*.

If any *covered person*, or other person acting on his or her behalf, fails to provide any of the items or information requested or to take any action requested, the claim(s) will be closed and no further action will be taken by *us* unless and until the item or information requested is received or the requested action is taken, subject to the terms and conditions of the *policy*.

In addition, failure on the part of any *covered person*, or other person acting on his or her behalf, to provide any of the items or information requested or to take any action requested may result in the denial of claims of all *covered persons*.

#### **Time For Payment Of Claims**

Benefits will be paid as soon as we receive proper proof of loss.

## **Foreign Claims Incurred For Emergency Care**

Claims incurred outside of the United States for *emergency* care and treatment of a *covered person* must be submitted in English or with an English translation. Foreign claims must include the applicable medical records in English to show proper *proof of loss*.

#### Assignment

We will reimburse a hospital or health care provider if:

- 1. Your health insurance benefits are assigned by you in writing; and
- 2. *We* approve the assignment.

Any assignment to a *hospital* or person providing the treatment, whether with or without *our* approval, shall not confer upon such *hospital* or person, any right or privilege granted to *you* under the *policy* except for the right to receive benefits, if any, that *we* have determined to be due and payable.

## **Medicaid Reimbursement**

The amount payable under this *policy* will not be changed or limited for reason of a *covered person* being eligible for coverage under the Medicaid program of the state in which he or she lives.

*We* will pay the benefits of this *policy* to the state if:

- 1. A covered person is eligible for coverage under his or her state's Medicaid program; and
- 2. *We* receive proper *proof of loss* and notice that payment has been made for *covered expenses* under that program.
- 3.

*Our* payment to the state will be limited to the amount payable under this *policy* for the *covered expenses* for which reimbursement is due. Payment under this provision will be made in good faith. It will satisfy *our* responsibility to the extent of that payment.

### **Custodial Parent**

This provision applies if the parents of a covered *eligible child* are divorced or legally separated and both the custodial parent and the non-custodial parent are subject to the same court or administrative order establishing custody. The custodial parent, who is not a *covered person*, will have the rights stated below if *we* receive a copy of the order establishing custody.

Upon request by the custodial parent, we will:

- 1. Provide the custodial parent with information regarding the terms, conditions, benefits, exclusions and limitations of the *policy*;
- 2. Accept claim forms and requests for claim payment from the custodial parent; and
- *3.* Make claim payments directly to the custodial parent for claims submitted by the custodial parent. Payment of claims to the custodial parent, which are made under this provision, will fully discharge *our* obligations.

A custodial parent may, with *our* approval, assign claim payments to the *hospital* or *medical practitioner* providing treatment to an *eligible child*.

## **Physical Examination**

*We* shall have the right and opportunity to examine a *covered person* while a claim is pending or while a dispute over the claim is pending. These examinations are made at *our* expense and as often as *we* may reasonably require.

## **Legal Actions**

No suit may be brought by *you* on a claim sooner than 60 days after the required *proof of loss* is given. No suit may be brought more than five years after the date *proof of loss* is required.

No action at law or in equity may be brought against *us* under the *policy* for any reason unless the *covered person* first completes all the steps in the complaint/grievance procedures made available to resolve disputes in *your* state under the *policy*. After completing that complaint/grievance procedures process, if *you* want to bring legal action against *us* on that dispute, *you* must do so within five years of the date *we* notified *you* of the final decision on *your* complaint/grievance.

## GRIEVANCE AND COMPLAINT PROCEDURES

#### **INTERNAL PROCEDURES:**

#### Applicability/Eligibility

The internal *grievance* procedures apply to any hospital or medical policy or certificate, but not to accident only or disability only insurance.

There are three categories of complaints that Celtic *members* have a right to file: complaints, grievances and appeals. The process for each is described in this section.

#### **Grievance/Appeal**

Celtic *members* have up to 365 calendar days to file a Grievance for any issue not related to an adverse determination or denial of service. The 365 calendar days start on the date of the situation with which *you* are not satisfied. With respect to a grievance about an adverse determination, or denial of service or a request for service, called a grievance appeal, Celtic *members* must request the grievance related to a denial within 180 days of being notified of the denial.

An Eligible grievant is:

- 1. A claimant;
- 2. Person authorized to act on behalf of the claimant. **Note:** The *member* will be asked to complete an Authorized Representative form to comply with the plan's HIPPA policies and to protect *member* confidential health information.
- 3. The *member's physician*, if the *member* has provided written consent for the provider to appeal on behalf of the *member*.
- In the event of an *expedited grievance*: the person for whom the insured has verbally given authorization to represent the claimant.
  **Important**: *Adverse benefit determinations* that are for services that are subject to medical review follow standard PPACA internal appeals processes.

Member verbal dissatisfaction not related to an adverse determination because of a benefit or a medical review follow the standard Complaint process.

**Your rights to file formal grievance appeal of a denial of health benefits:** You or your authorized representative, may file the grievance appeal for you, in writing, either by mail or by facsimile (fax) within 30 days of being notified of the denial action. If you require assistance in filing a grievance or if you are unable to submit the grievance in writing, you can call at the number below to ask for help through the process, including communicating back to you. For an urgent request, you may also file a grievance by telephone.

Grievance/Appeals Unit Sunshine Health 1301 International Parkway, Suite 400 Sunrise, FL 33323 Phone: 1- 877-687-1169 Fax: 1-800-225-2573

## Grievances

Claimants have the right to submit written comments, documents, records, and other information relating to the claim for benefits. Claimants have the right to review the claim file and to present evidence and testimony as part of the internal review process.

*Grievances* will be promptly investigated and presented to the internal *grievance* panel. A plan that is providing benefits for an ongoing course of treatment cannot be reduced or terminated without providing advance notice and an opportunity for advance review. The plan is required to provide continued coverage pending the outcome of an appeal.

## **Resolution Timeframes**

- 1. *Grievances* regarding quality of care, quality of service, or *reformation* will be resolved within 60 calendar days of receipt. The time period may be extended for an additional 30 calendar days (making the maximum time for the entire *grievance* process 90 calendar days) if *we* provide the *claimant* and the *claimant's* authorized representative, if applicable, written notification of the following within the first 30 calendar days:
  - a. That *we* have not resolved the *grievance*;
  - b. When *our* resolution of the *grievance* may be expected; and
  - c. The reason why the additional time is needed, including the collection of information from outside of the health plan to be used in investigating the grievance.
- 2. All other *grievances* will be resolved and *we* will notify the *claimant* in writing with the appeal decision within the following timeframes:
  - a. <u>*Post-service claim*</u>: within 60 calendar days after receipt of the *claimant*'s request for internal appeal.
  - b. *<u>Pre-service denial</u>*: within 30 calendar days after receipt of the *claimant*'s request for internal appeal.

A claimant shall be provided, upon request and free of charge, reasonable access to, and copies of, all documents, records, and other information relevant to the claimant's claim for benefits. All comments, documents, records and other information submitted by the claimant relating to the claim for benefits, regardless of whether such information was submitted or considered in the initial *adverse benefit determination*, will be considered in the internal appeal.

- 1. The claimant will receive from the plan, as soon as possible, any new or additional evidence considered by the reviewer. The plan will give the claimant 10 calendar days to respond to the new information before making a determination, unless the state turnaround time for response is due in less than 10 days. If the state turnaround time is less than 10 days, the claimant will have the option of delaying the determination for a reasonable period of time to respond to the new information.
- 2. The claimant will receive from the plan, as soon as possible, any new or additional medical rationale considered by the reviewer, if the grievance is an appeal of an adverse determination subject to medical review. The plan will give the claimant 10 calendar days to respond to the new medical rationale before making a determination, unless the state turnaround time for response is due in less than 10 days. If the state turnaround time is less than 10 days, the claimant will have the option of delaying the determination for a reasonable period of time to respond to the new medical rationale.

Refer to a later section for information regarding internal *expedited grievances*.

## <u>Acknowledgement</u>

Within (5) five business days of receipt of a *grievance*, a written acknowledgment to the claimant or the claimant's authorized representative confirming receipt of the *grievance* must be delivered or mailed and acknowledging that the grievance will be investigated and the claimant will be notified of the final decision in writing.

When acknowledging a *grievance* filed by an authorized representative, the acknowledgement shall include a clear and prominent notice that health care information or medical records may be disclosed only if permitted by law.

(1) The acknowledgement shall state that unless otherwise permitted under applicable law, informed consent is required and the acknowledgement shall include an informed consent form for that purpose.
 (2) If such disclosure is prohibited by law, health care information or medical records may be withheld from an authorized representative, including information contained in its resolution of the *grievance*.
 (3) A *grievance* submitted by an authorized representative will be processed regardless of whether health care information or medical records may be disclosed to the authorized representative under applicable law.

## Grievance Panel

The internal process requires that your appeal is handled by a grievance panel that does not include the person who made the initial determination or a subordinate of the original reviewer. During the grievance process, the initial decision maker may be consulted. The majority of the panel will consist of providers with appropriate expertise. The panel must be requested within 30 days after Ambetter from Sunshine Health's transmission of an adverse determination. The panel will also provide a notice to the member and to the provider, if any, who filed on behalf of the member. In any case where the review process does not resolve a difference of opinion between the Ambetter from Sunshine Health and the member, the member (or provider) may submit a written grievance through an external review process Members may voluntarily pursue binding arbitration (which you may incur some costs for this arbitration) after completing Ambetter from Sunshine Health's grievance procedure and as an alternative to the external review process (refer to the External Review section for more information). Arbitration shall not preclude review pursuant to Rule 690-191.081 and shall be conducted pursuant to Ch. 682,

Arbitration shall not preclude review pursuant to Rule 690-191.081 and shall be conducted pursuant to Ch. 682, F.S.

When the *adverse benefit determination* is based in whole or in part on a medical judgment, the *grievance* panel will consult with a licensed health care provider with expertise in the field relating to the *grievance* and who was not consulted in connection with the original *adverse benefit determination*.

## Expedited Grievance

An *expedited grievance* may be submitted orally or in writing. All necessary information, including *our* determination on review, will be transmitted between the claimant and *us* by telephone, facsimile, or other available similarly expeditious method.

For a grievance appeal to be processed as an expedited grievance at least one of the following must apply:

1. The duration of the standard resolution process will result in serious jeopardy to the life or health of the *claimant* or the ability of the claimant to regain maximum function.

- 2. In the opinion of a physician with knowledge of the claimant's medical condition, the claimant is subject to severe pain that cannot be adequately managed without the care or treatment that is the subject of the *grievance*.
- 3. A physician with knowledge of the claimant's medical condition determines that the *grievance* shall be treated as an *expedited grievance*.

An *expedited grievance* provides for evaluation by appropriate clinical peers or peer (who were not involved in the initial adverse determination) within 24 hours. An *expedited grievance* shall be resolved as expeditiously as the *claimant*'s health condition requires but not more than 72 hours after receipt of the *grievance*. Written notification of the decision must be provided no later than 2 business days or three calendar days if the initial notification was not in writing.

A member has the right to request both an internal and external level expedited appeal, related to the denial of a service requiring medical review, simultaneously. If the expedited appeal is unresolved, the member may appeal through the external review process (refer to the External Review section for more information).

Upon written request, *we* will mail or electronically mail a copy of the claimant's complete policy to the claimant or the claimant's authorized representative as expeditiously as the *grievance* is handled.

## Written Grievance/Appeal Response

*Grievance* response letters shall describe, in detail, the *grievance* procedure and the notification shall include the specific reason for the denial, determination or initiation of disenrollment. The panel's written decision to the grievant must include:

- 1. The disposition of and the specific reason or reasons for the decision;
- 2. Any corrective action taken on the *grievance*;
- 3. The signature of one voting member of the panel;
- 4. A written description of position titles of panel members involved in making the decision.
- 5. If upheld or partially upheld, it is also necessary to include:
  - a. A clear explanation of the decision;
  - b. Reference to the specific plan provision on which the determination is based;
  - c. A statement that the claimant is entitled to receive, upon request and free of charge, reasonable access to, and copies of, all documents, records, and other information relevant to the claimant 's claim for benefits;
  - d. If an internal rule, guideline, protocol, or other similar criterion was relied upon in making the adverse determination, either the specific rule, guideline, protocol, or other similar criterion; or a statement that such rule, guideline, protocol, or other similar criterion was relied upon in making the adverse determination and that a copy of the rule, guideline, protocol, or other similar criterion will be provided free of charge to the claimant upon request;
  - e. If the *adverse benefit determination* is based on a medical necessity or *experimental treatment* or similar exclusion or limit, either an explanation of the scientific or clinical judgment for the determination, applying the terms of the plan to the claimant 's medical circumstances, or a statement that such explanation will be provided free of charge upon request;

- f. Identification of medical experts whose advice was obtained on behalf of the health plan, without regard to whether the advice was relied upon in making the *adverse benefit determination*;
- g. The date of service;
- h. The health care provider's name;
- i. The claim amount;
- j. The diagnosis and procedure codes with their corresponding meanings, or an explanation that the diagnosis and/or procedure codes are available upon request;
- k. The health plan's denial code with corresponding meaning;
- l. A description of any standard used, if any, in denying the claim;
- m. A description of the external review procedures, if applicable;
- n. The right to bring a civil action under state or federal law;
- o. A copy of the form that authorizes the health plan to disclose protected health information, if applicable;
- p. That assistance is available by contacting the specific state's consumer assistance department, if applicable; and
- q. A culturally linguistic statement based upon the claimant's county or state of *residence* that provides for oral translation of the *adverse benefit determination*, if applicable.

## Complaints

Basic elements of a *complaint* include:

- 1. The complainant is the claimant or an authorized representative of the claimant;
- 2. The submission may or may not be in writing;
- 3. The issue may refer to any dissatisfaction about:
  - a. Us (as the insurer); e.g., member service *complaints* "the person to whom I spoke on the phone was rude to me".
  - b. Providers with whom *we* have a direct or indirect contract.
    - i. Lack of availability and/or accessibility of network providers not tied to an unresolved benefit denial.
      - Note: When the dissatisfaction is related to services from or access to a network provider, notify the Network Administration Department.
    - ii. Quality of care/quality of service issues;
- 4. Written expressions of dissatisfaction regarding quality of care/quality of service are processed as *grievances*.
- 5. Oral expressions of dissatisfaction regarding quality of care/quality of service are processed as *complaints* as indicated in standard oral *complaint* instructions; and
- 6. Any of the issues listed as part of the definition of *grievance* received from the *claimant* or the claimant's authorized representative where the caller has not submitted a written request but calls us to escalate their dissatisfaction and request a verbal/oral review.

## Complaints received from the Florida Office of Insurance Regulation

The Commissioner may require *us* to treat and process any *complaint* received by the Florida Office of Insurance Regulation by, or on behalf of, a claimant as a *grievance* as appropriate. *We* will process the Florida Office of Insurance Regulation *complaint* as a *grievance* when the Commissioner provides *us* with a written description of the *complaint*.

## **External Review**

Celtic Health members are offered two levels of appeal for adverse benefit determinations related to a service that requires medical review. An external review decision is binding on *us*. An external review decision is binding on the claimant except to the extent the claimant has other remedies available under applicable federal or state law. *We* will pay for the costs of the external review performed by the independent reviewer.

## Applicability/Eligibility

The external review procedures apply to any hospital or medical policy or certificate; excluding accident only or disability income only insurance.

External review is available for *grievances* that involve:

- 1. Medical judgment, including but not limited to those based upon requirements for medical necessity, appropriateness, health care setting, level of care or effectiveness of a covered benefit; or the determination that a treatment is experimental or investigational, as determined by an external reviewer.
- 2. *Rescissions* of coverage.

After exhausting the internal review process, the claimant has 120 days to make a written request to the Appeals & Grievance Department for external review after the date of receipt of *our* internal response.

- 1. The internal appeal process must be exhausted before the claimant may request an external review unless the claimant files a request for an expedited external review at the same time as an internal *expedited grievance* or *we* either provide a waiver of this requirement or fail to follow the appeal process.
- 2. A health plan must allow a claimant to make a request for an expedited external review with the plan at the time the claimant receives:
  - a. An *adverse benefit determination* if the determination involves a medical condition of the claimant for which the timeframe for completion of an internal *expedited grievance* would seriously jeopardize the life or health of the claimant or would jeopardize the claimant's ability to regain maximum function and the claimant has filed a request for an internal *expedited grievance*.
  - b. A final internal *adverse benefit determination*, if the claimant has a medical condition where the timeframe for completion of a standard external review would seriously jeopardize the life or health of the claimant or would jeopardize the claimant's ability to regain maximum function, or if the final internal *adverse benefit determination* concerns an admission, availability of care, continued stay, or health care item or service for which the claimant received emergency services, but has not been discharged from a facility.
- 3. Claimants may request an expedited external review at the same time the internal *expedited grievance* is requested and an Independent Review Organization (IRO) will determine if the internal *expedited grievance* needs to be completed before proceeding with the expedited external review.

## **External Review Process**

- 1. We have five (5) business days (immediately for expedited) following receipt of the request to conduct a preliminary review of the request to determine whether:
  - a. The individual was a covered person at the time the item or service was requested;

- b. The service is a *covered service* under the claimant's health plan but for the plan's *adverse benefit determination* with regard to medical necessity experimental/investigational, medical judgment, or *rescission*;
- c. The claimant has exhausted the internal process; and
- d. The claimant has provided all of the information required to process an external review.
- 2. Within one (1) business day (immediately for expedited) after completion of the preliminary review, we will notify the claimant in writing as to whether the request is complete but not eligible for external review and the reasons for its ineligibility or , if the request is not complete, the additional information needed to make the request complete. We will include notification of the member's right to submit written testimony to be included in the materials sent to the IRO.
- 3. We must allow a claimant to perfect the request for external review within the four-month filing period or within the 48-hour period following the receipt of notification.
- 4. We will assign an IRO on a rotating basis from our list of contracted IROs.
- 5. Within five business days after the date of assignment of the IRO, we must provide the documents and any information considered in making the *adverse benefit determination* to the IRO. Note: For expedited, after assignment of the IRO, we must provide the documents and any information considered in making the *adverse benefit determination* to the IRO electronically or by telephone or facsimile or any other available expeditious method.
- 6. If we fail to timely provide the documents and information, the IRO may terminate the external review and make a decision to reverse the *adverse benefit determination*.
- 7. Within 10 business days, the assigned IRO will timely notify the claimant in writing of the request's eligibility and acceptance for external review. The notice will include a statement that the claimant may submit in writing additional information to the IRO to consider.
- 8. Upon receipt of any information submitted by the claimant, the IRO must forward the information to us within one business day.
- 9. Upon receipt of the information, we may reconsider our determination. If we reverse our *adverse benefit determination*, we must provide written notice of the decision to the claimant and the IRO within one business day after making such decision. The external review would be considered terminated.
- 10. Within 45 days (72 hours for expedited) after the date of receipt of the request for an external review by the health plan, the IRO will review all of the information and provide written notice of its decision to uphold or reverse the *adverse benefit determination* to the claimant and to us. If the notice for an expedited review is not in writing, the IRO must provide written confirmation within 48 hours after the date of providing the notice.
- 11. Upon receipt of a notice of a decision by the IRO reversing the *adverse benefit determination*, we will approve the covered benefit that was the subject of the *adverse benefit determination*.

## **Unresolved Grievances**

*You* have the right to contact the Florida Department of Financial Services at any time to request assistance and inform them of an unresolved grievance.

The Florida Department of Financial Services Division of Consumer Services 200 East Gaines Street Tallahassee, Florida32399 Toll-free: 1-877-693-5236 TDD: 1-800-640-0886

# **COORDINATION OF BENEFITS**

Ambetter from Sunshine Health /coordinates benefits with other payers when a member is covered by two or more group health benefit plans. Coordination of Benefits (COB) is the industry standard practice used to share the cost of care between two or more carriers when a member is covered by more than one health benefit plan.

It is a contractual provision of a majority of health benefit contracts. Ambetter from Sunshine Health complies with Federal and state regulations for COB and follows COB guidelines published by National Association of Insurance Commissioners (NAIC).

Under COB, the benefits of one plan are determined to be primary and are first applied to the cost of care. After considering what has been covered by the primary plan, the secondary plan may cover the cost of care up to the fully allowed expense according to the plan's payment guidelines. Ambetter from Sunshine Health Claims COB and Recovery Unit procedures are designed to avoid payment in excess of allowable expense while also making sure claims are processed both accurately and timely.

"Allowable expense" is the necessary, reasonable, and customary item of expense for health care, when the item is covered at least in part under any of the plans involved, except where a statute requires a different definition. When a Plan provides benefits in the form of services, the reasonable cash value of each service will be considered as both an allowable expense and a benefit paid.

"Plan" is a form of coverage written on an expense-incurred basis with which coordination is allowed.

The term "Plan" includes:

- 1. Group health insurance benefits and group blanket or group remittance health benefits coverage, whether uninsured arrangements of group coverage, insured, self-insured, or self-funded. This includes group HMO insurance and other prepayment, group practice and individual practice plans, and blanket contracts, except as excluded below.
- 2. Plan includes medical benefits coverage, in group and individual automobile "no-fault" and traditional liability "fault" type contracts.
- 3. Plan includes hospital, medical, and surgical benefits coverage of Medicare or a governmental plan offered, required, or provided by law, except Medicaid.
- 4. Plan does not include blanket school accident coverage or coverages issued to a substantially similar group (e.g., Girl Scouts, Boy Scouts) where the school or organization pays the premiums.
- 5. Plan does not include Individual or Family: Insurance contracts, direct payment subscriber contracts, coverage through health maintenance organizations (HMO's) or coverage under other prepayment, group practice and individual practice plans.
- 6. Plan whose benefits are by law excess to any private benefits coverage.

"Primary plan" is one whose benefits must be determined without taking the existence of any other plan into consideration. A plan is primary if either:

(1) The plan has no order of benefits rules or its rules differ from those required by regulation; or (2) all plans which cover the person use the order of benefits rules required by regulation and under those

rules the plan determines its benefits first. More than one plan may be a primary plan (for example, two plans which have no order of benefit determination rules).

"Secondary Plan" is one which is not a primary plan. If a person is covered by more than one secondary plan, the order of benefit determination rules decide the order in which their benefits are determined in relation to each other.

## Order of Benefit Determination Rules

The first of the rules listed below in paragraphs 1-6 that applies will determine which plan will be primary:

- 1. The primary plan pays or provides its benefits as if the Secondary plan or plans did not exist. A Plan may consider benefits paid or provided by another Plan in determining its benefits only when it is secondary to that other Plan.
- 2. If the other plan does not contain a coordination of benefits provision that is consistent with this provision is always primary. There are two exceptions:
  - a. Coverage that is obtained by virtue of membership in a group that is designed to supplement a part of a basic package of benefits may provide that the supplementary coverage shall be excess to any other parts of the Plan provided by the contract holder; and
  - b.Any noncontributory group or blanket insurance coverage which is in force on January 1, 1987 which provides excess major medical benefits intended to supplement any basic benefits on a covered person may continue to be excess to such basic benefits.

The first of the following rules that describes which Plan pays its benefits before another Plan is the rule to use.

- 3. If the person receiving benefits is the *member* and is only covered as *an eligible dependent* under the other plan, this *contract* will be primary.
- 4. Subject to State Statues: Social Security Act of 1965, as amended makes Medicare secondary to the plan covering the person as a dependent of an active employee, the order of benefit determination is:
  - a. If a child is covered under the plans of both parents and the parents are not separated or divorced, the plan of the parent whose birthday falls earlier in the year (excluding year of birth) shall be primary.
  - b. If both parents have the same birthday, the plan which covered the parent longer will be primary. To determine whose birthday falls earlier in the year, only the month and day are considered. However, if the other plan does not have this birthday rule, but instead has a rule based on the sex of the parent and as a result the plans do not agree on which is primary, then the rule in the other plan will determine which plan is primary.
- 5. If a child is covered by both parents' plans, the parents are separated or divorced, and there is no court decree between the parents that establishes financial responsibility for the child's health care expenses:

a. The plan of the parent who has custody will be primary;

- b. If the parent with custody has remarried, and the child is also covered as a child under the stepparent's plan, the plan of the parent with custody will pay first, the step-parent's plan will pay second, and the plan of the parent without custody will pay third.
- c. If a court decree between the parents says which parent is responsible for the child's health care expenses, then that parent's plan will be primary if that plan has actual knowledge of the decree.
- 6. If the person receiving services is covered under one plan as an active employee or member (i.e., not laid-off or retired), or as the spouse or child of such an active employee, and is also covered under another plan as a laid-off or retired employee or as the spouse or child of such a laid-off or retired

employee, the plan that covers such person as an active employee or spouse or child of an active employee will be primary. If the other plan does not have this rule, and as a result the plans do not agree on which will be primary, this rule will be ignored.

7. If none of the above rules determine which plan is primary, the plan that covered the person receiving services longer will be primary.

#### **Effects of Coordination**

When this plan is secondary, its benefits will be reduced so that the total benefits paid by the primary plan and this plan during a claim determination period will not exceed Ambetter's maximum available benefit for each Covered Service. Also, the amount Ambetter pays will not be more than the amount Ambetter would pay if Ambetter were primary. As each claim is submitted, Ambetter will determine its obligation to pay for allowable expenses based upon all claims that have been submitted up to that point in time during the claim determination period.

#### **Right to Receive and Release Needed Information**

Certain fact about heath care coverage and services are needed to apply these COB rules and to determine benefits payable under this Plan and other plans. We may get the facts we need from, or give them to, other organizations or persons for the purpose of applying these rules and determining benefits payable under this Plan and other plans covering the person claiming benefits. *We* need not tell or get the consent of, any

## GENERAL PROVISIONS

#### **Entire Contract**

This *policy*, with the application and any rider-amendments is the entire contract between *you* and *us*. No change in this *policy* will be valid unless it is approved by one of *our* officers and noted on or attached to this *policy*. No agent may:

- 1. Change this *policy*;
- 2. Waive any of the provisions of this *policy*;
- 3. Extend the time for payment of premiums; or
- 4. Waive any of *our* rights or requirements.

#### **Non-Waiver**

If *we* or *you* fail to enforce or to insist on strict compliance with any of the terms, conditions, limitations or exclusions of the *policy*, that will not be considered a waiver of any rights under the *policy*. A past failure to strictly enforce the *policy* will not be a waiver of any rights in the future, even in the same situation or set of facts.

#### Rescissions

No misrepresentation of fact made regarding a *covered person* during the application process that relates to insurability will be used to void/rescind the insurance coverage or deny a claim unless:

- 1. The misrepresented fact is contained in a written application, including amendments, signed by a *covered person;*
- 2. A copy of the application, and any amendments, has been furnished to the *covered person(s)*, or to their beneficiary; and
- 3. The misrepresentation of fact was intentionally made and material to *our* determination to issue coverage to any *covered person*. A *covered person's* coverage will be voided/rescinded and claims denied if that person performs an act or practice that constitutes fraud. "Rescind" has a retroactive effect and means the coverage was never in effect.

We will provide the *covered person* forty-five (45) days advance written notice before coverage is rescinded.

#### **Time Limit On Certain Defenses**

Relative to a misstatement in the application, after 2 years from the issue date, only fraudulent misstatements in the application may be used to void the policy or deny any claim for loss incurred or disability starting after the 2-year period.

## **Repayment For Fraud, Misrepresentation Or False Information**

During the first two years a *covered person* is insured under the *policy*, if a *covered person* commits fraud, misrepresentation or knowingly provides false information relating to the eligibility of any *covered person* under this *policy* or in filing a claim for *policy* benefits, *we* have the right to demand that *covered person* pay back to *us* all benefits that *we* paid during the time the *covered person* was insured under the *policy*. We will return any premium paid during the time period for which the *covered person* returned benefit payments.

## **Conformity With State Laws**

Any part of this *policy* in conflict with the laws of Florida on this *policy's effective date* or on any premium due date is changed to conform to the minimum requirements of Florida state law.

### **Performance Outcomes and Financial Data**

You may obtain information regarding performance outcomes and financial data for Celtic Insurance Company published by the State of Florida Agency for Health Care Administration by accessing Ambetter from Sunshine Health's website: Ambetter.SunshineHealth.com. This website includes the link to FloridaHealthStat where this information is published, or you can go directly to <u>www.floridahealthstat.com</u>.